



Addressing Substance Misuse and Use Disorder in a Healthcare Setting

Community of Practice

Session 8

August 30, 2022

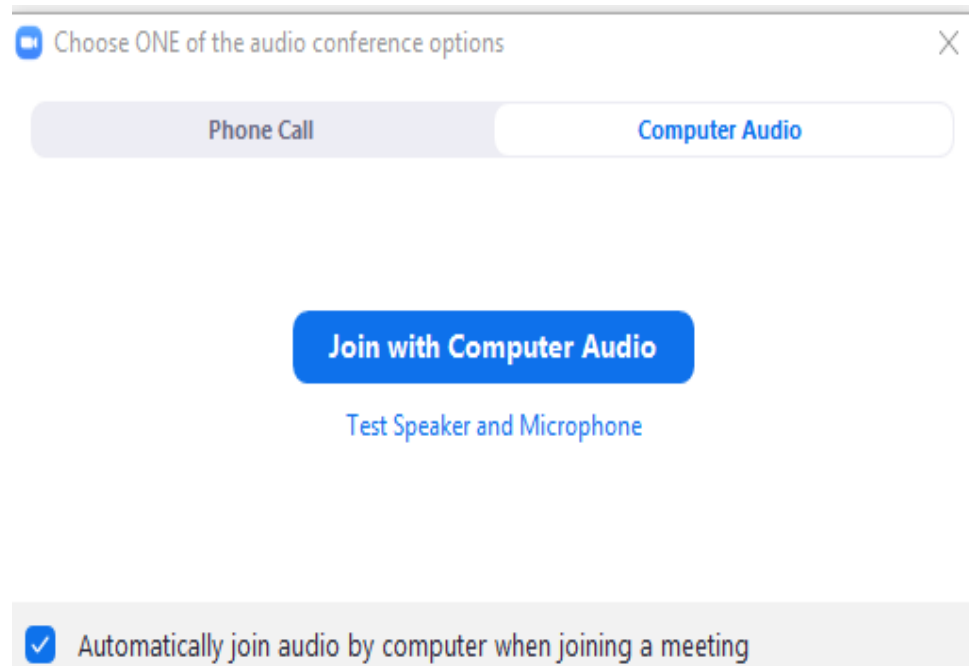
Vision: Healthy Communities, Healthy People



Connecting to Audio

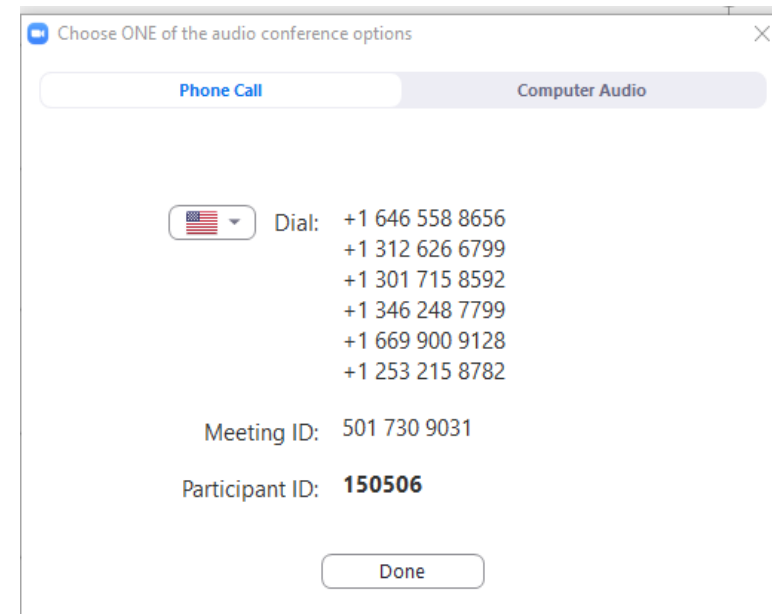
By computer:

- Click **Join with Computer Audio**.



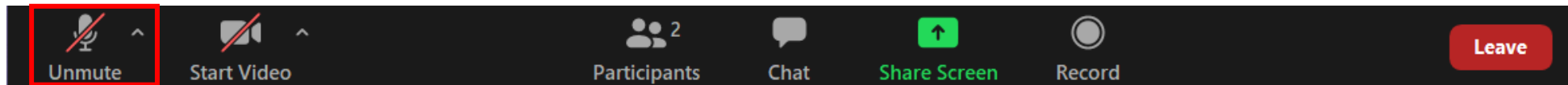
By phone:

- Click the **Phone Call** tab, dial a listed phone number, and enter **Meeting ID** and **Participant ID**.

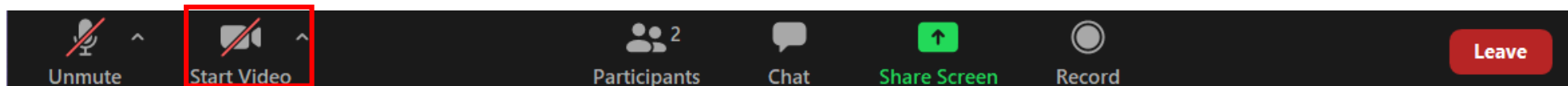


Zoom Participation

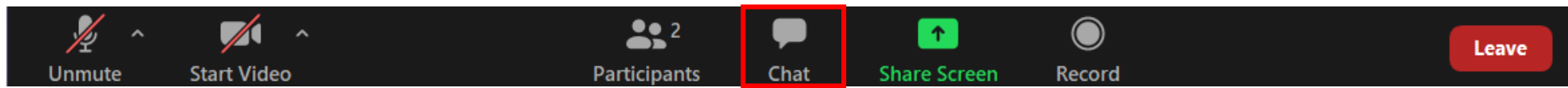
- You will begin muted. To **unmute/mute**, click the **microphone** icon located at the bottom left of your Zoom window.



- We encourage everyone to keep their video enabled. Click **Start Video** to join by webcam.



- To ask a question using the **Chat** feature, click the **Chat** icon located at the bottom center of your Zoom window.



Continuing Education

- We will be offering **1.5 CE credit per session** attended for a maximum of 12 CEs for participation in all 8 CoP sessions.
- You **must** complete the Health Center Satisfaction Assessment after **each** session for which you plan on receiving CEs.
- **CE credits will be distributed for all sessions at the conclusion of the CoP.**



This course has been approved by JBS International, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #86832, JBS international, Inc. is responsible for all aspects of their programming.



JBS International, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6442. Programs that do not qualify for NBCC credit are clearly identified. JBS International, Inc. is solely responsible for all aspects of the programs.

CoP Facilitators



Joe Hyde LMHC, CAS

Director,
HRSA BPHC-BH TA
JBS International



Andrea Coleman, MS

Technical Expert Lead,
JBS International

Agenda for Today

Check-In & Attendance

Revisiting Our Contextual
Understanding of Substance Use

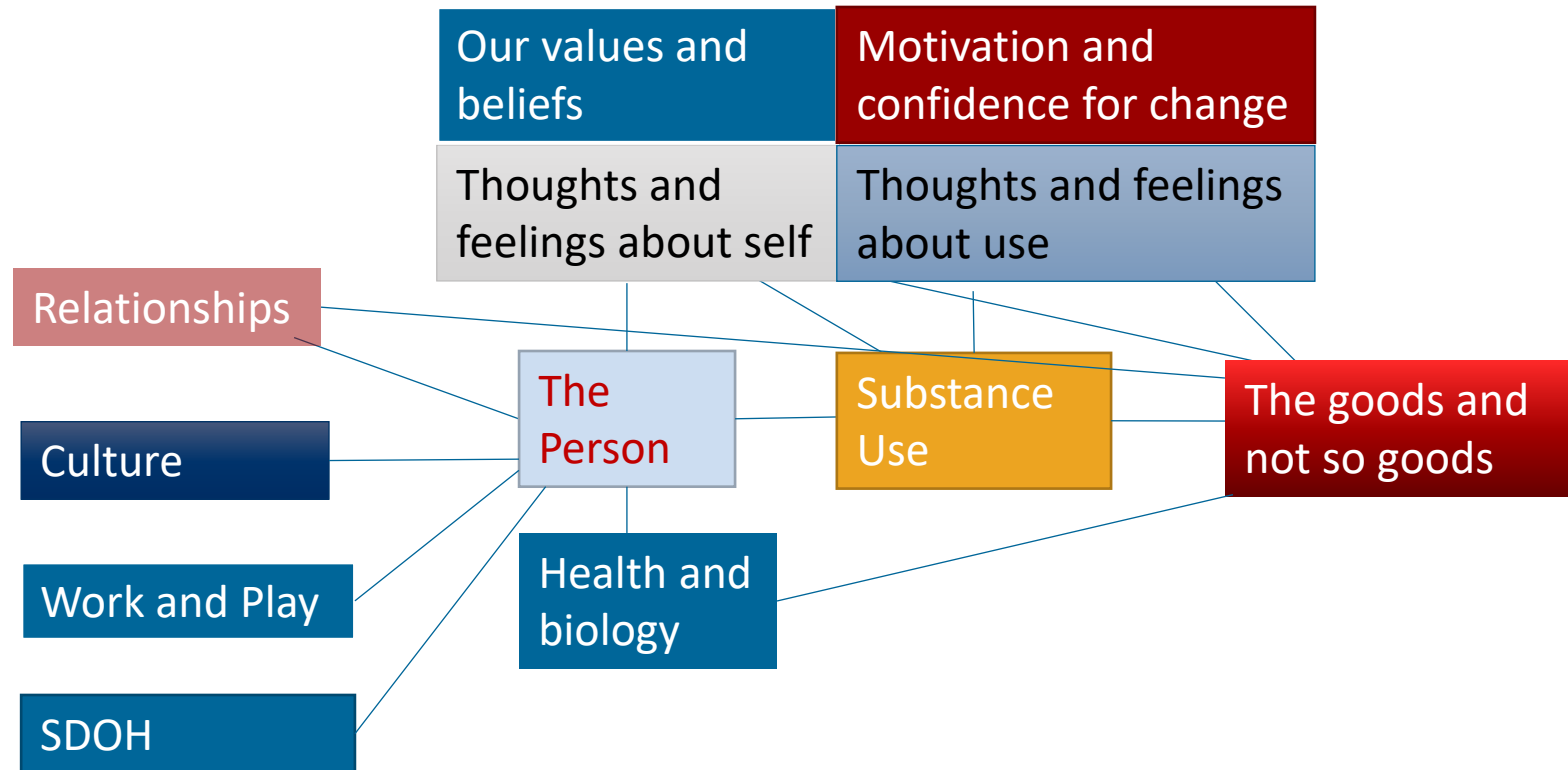
Open Discussion

CoP Wrap-Up & Next Steps



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A Contextual Understanding of Substance Use



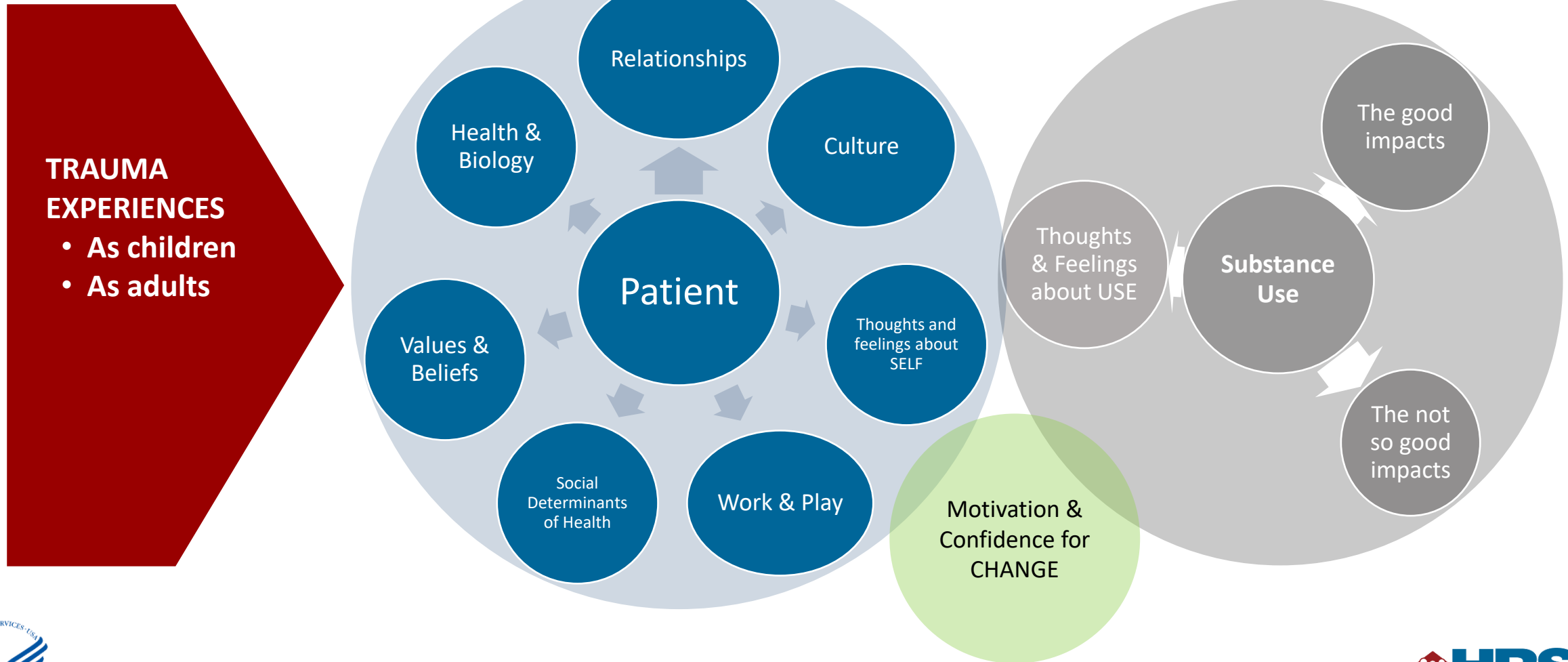
What behavioral science and experience tell us: When we change a behavior, this involves one or more changes in context.³

³ Hayes, S. C., & Hoffmann, S. G. (Eds.) (2018). *Process-based CBT: The science and core clinical competencies of cognitive behavioral therapy*. New Harbinger Publications.

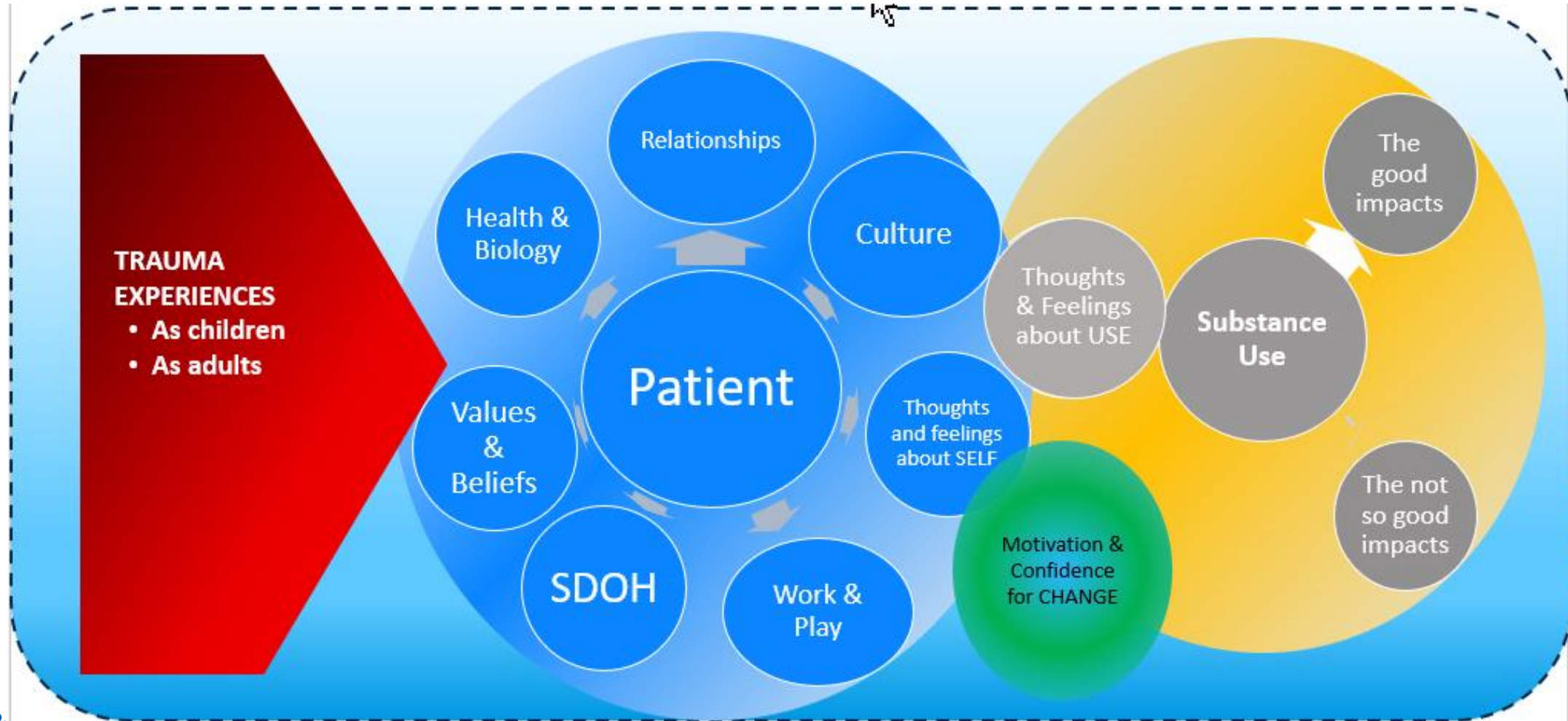
The Paradigm Shifts in Addressing Substance Use

- Treat the whole person within the context in which they live.
- Move away from the over-medicalization of SUD and human suffering.
- There are many paths to recovery.
- Abstinence or reducing substance use risk is viewed as a strategy, a means to an end.
- Treatment takes place in the office. Recovery takes place in the community.
- Evidence-Based Practices
 - Psychosocial: Motivational Interviewing/CBT, Acceptance and Commitment Therapy, Mindfulness, Contingency Management
 - Peer recovery support
 - Pharmacologic interventions
- The ultimate goal is for your patient to “live a life worth living” (paraphrased from Marsha Linehan).

Revisiting our contextual understanding of substance use



Trauma, Bias and Stigma: Ever Present - It Impacts Us All



Open Discussion



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Thoughts and Questions



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Next Steps

- Office Hours immediately following the CoP.
- Coaching Calls are available—*please reach out to schedule a coaching call if you need additional assistance.*



Source: iStock by Getty Images

Virtual Office Hours



Tuesdays (after each session)
3:30–4:30 p.m. EDT

Alternating Tuesdays (via Zoom)
2:00 – 3:00 p.m. EDT

Register for alternating sessions:

<https://us06web.zoom.us/meeting/register/tZlvdei qpjMqHtdTzfFCMAjNKaCnZt9-eJ68>

Office Hours Benefits:

- ✓ Connect with colleagues from other health centers
- ✓ Discuss progress and/or challenges related to your team's action plan
- ✓ Get more information about the session topic

BPHC-BH TA Portal and T/TA Offerings

<https://bphc-ta.jbsinternational.com/>

- Request TA
- Access Learning Management System (LMS) modules
- Learn more about BH TA options
 - One-on-One Coaching
 - E-Learning Webinars
 - Intensive TA for Practice Change
 - Join a Community of Practice (CoP)
 - SDoH Group Virtual TA Roundtable
 - Virtual Peer-Learning Office Hours

BPHC-BH TA
Bureau of Primary Health Care Behavioral Health Technical Assistance

Event Calendar | About Us | Contact Us

Home | Technical Assistance Resources | Request Technical Assistance | Learning Management System

#Together4MH
TOGETHER
for Mental Health

Mental health is an important part of our overall health. Join together to advocate for resources, support and access to quality mental health care.

NAMI
National Alliance on Mental Illness
nami.org/mentalhealthmonth

Welcome to the BPHC-BH TA Resource Portal!

The Bureau of Primary Health Care (BPHC) Behavioral Health (BH) Technical Assistance (TA) portal is designed to meet the specific needs of HRSA health centers and shall focus on both mental health and substance use disorders (referred to jointly as “behavioral health”), with an emphasis on the opioid epidemic.

This portal allows HRSA-funded health centers to request TA and obtain updates on available events such as webinars. Stay tuned for the learning management system and the opportunity to earn continuing education credits.

Learn About BH TA Options

- One-on-One Coaching
- E-learning Webinars
- Intensive TA for Practice Change
- Join a Community of Practice (CoP)
- SDoH Group Virtual TA Roundtable
- Virtual Office Hours
- “Ask an Expert” Series

Subscribe to the BH TA Bulletin

The BH TA Bulletin is a weekly update of upcoming BH TA training and technical assistance opportunities that is sent right to your inbox.

Subscribe to the BH TA Bulletin

Upcoming Events

Addressing Substance Misuse and Use Disorder in a Healthcare Setting Community of Practice (CoP)
May 24, 2022
2:00–3:30 pm EDT

Social Determinants of Health Roundtable 2: Building Relationships with Community Partners to Address Social Determinants of Health
May 25, 2022
2:00–3:30 pm EDT



BHTA Satisfaction Assessment



- We would love your feedback – please complete a satisfaction assessment.
 - <https://survey.alchemer.com/s3/6871352/Health-Center-Technical-Assistance-TA-Satisfaction-Assessment-CoP-4-Addressing-Substance-Misuse-and-Use-Disorder-in-a-Healthcare-Setting-Community-of-Practice>
- Remember! If you want to obtain CEs for your time today, you must complete a satisfaction assessment.
- There are two ways navigate to the assessment:
 1. Follow the link provided in the chat here.
 2. You will be emailed a link from us via Alchemer, our survey platform.





Thank You!

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Vision: Healthy Communities, Healthy People

