



Addressing Substance Misuse and Use Disorder in a Healthcare Setting

Community of Practice

Session 1
May 24, 2022

Vision: Healthy Communities, Healthy People



Presenters



Joe Hyde LMHC, CAS

Director,
HRSA BPHC-BH TA
JBS International



Andrea Coleman, MS

Technical Expert Lead,
JBS International



CoP Session Overview

Session #	Session Date	Session Title
1	5/24/2022	Addressing Substance Misuse and Use Disorder in a Healthcare Setting Orientation
2	6/7/2022	Screening and Intervening
3	6/21/2022	Brief Consultation
4	7/5/2022	Trauma & SUD: The Many Faces of Trauma
5	7/19/2022	Evidence Based Cultural Relevance in SUD Responses
6	8/2/2022	Bias & Stigma: Reflecting Upon Own Biases
7	8/16/2022	Special Populations of Focus (Part 1): Patients with Co-Morbid Conditions
8	8/30/2022	Special Populations of Focus (Part 2): Pregnant and Parenting Women with SUD

Expectations of Facilitators

1

Assist with navigating CoP and session content.

2

Coordinate and facilitate office hours.

3

Provide resources to facilitate learning and discussion.

4

Facilitate group discussion and engagement.

5

Collaborate with SMEs and ensure cohesion throughout CoP.

6

Provide reminders and encouragement throughout the process.

Expectations of Participants



Attend each session and office hours if needed

Let the facilitators know if you cannot attend a session



Expect to **be on camera** throughout the sessions



Actively engage in sessions and with other participants!

Share your experiences, including progress and challenges



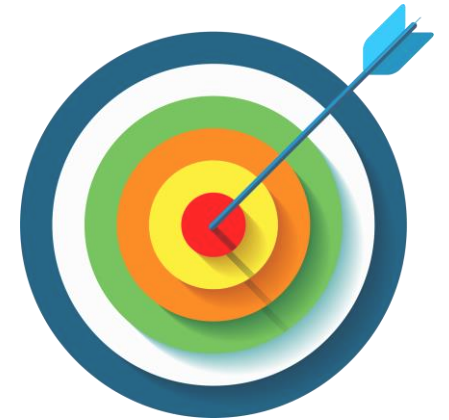
Complete intersession learning assignments



Meet regularly with your team to debrief sessions and advance your action plan

CoP Learning Objectives

1. Gain a more nuanced understanding of substance use disorder within the context of a patient's history, important life experiences, and culture.
2. Prepare a workflow for SUD screening, identification, and intervention.
3. Recognize the importance of a culturally relevant and trauma-informed approach.
4. Describe the impact of SUD within specific populations of focus.
5. Apply OUD and polysubstance misuse management and intervention techniques through participation in office hours and one-on-one coaching. These events will guide transfer of learning and implementation into health center practice.



Source: iStock

Some Context About This Topic

- Throughout the COVID-19 pandemic, concern has grown around the increasing reports of substance misuse and substance use disorders (SUDs). Provisional data, capturing the time period of November 2019–October 2021, indicate a jump in the number of overdose deaths, often occurring with a combination of substances including synthetic opioids as well as stimulants.¹
- This CoP will include strategies to help health centers address these challenging circumstances. Approaches to treatment and support for these patients in the health center, from screening through assessment, and the key considerations to ensure optimal care transitions will be featured. Other topics will include helping staff address stigma, reduce risk of overdose, and support harm reduction strategies, and approaches to person-centered, culturally responsive treatment.



¹ Campbell et al., 2021

Agenda for Today

1. Overview of the CoP

- Attendee introductions
- Ground rules
- Office hours

2. Understanding the Full Story: The person living with a use disorder

- Treating the person, not the diagnosis
- The contextual framework for understanding SUD

3. Breakout and Interactive Discussion

4. Session Wrap-Up and Between-Session Activity



[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

Session Learning Objectives

- To identify contributing factors that invite development of an SUD
- To conceptualize substance use within a contextual framework
- To understand that approaches to substance use treatment are changing from use abstinence (or reduction) to whole-person recovery

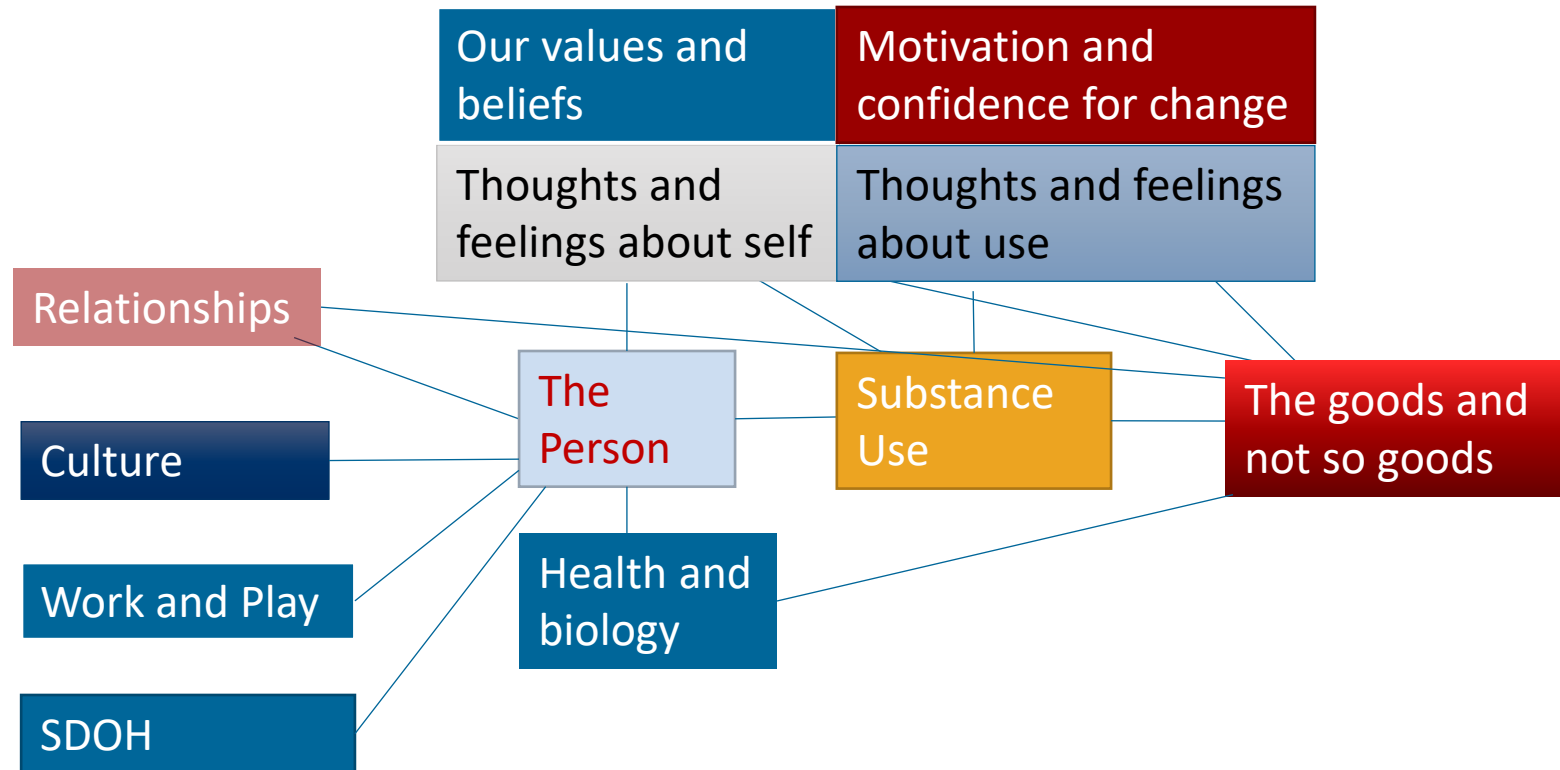
Understanding Persons with a Use Disorder

- **Causes of substance use disorders:** “The exact cause of substance use disorder is not known. A person’s biological vulnerability, actions of the drug, peer influence, emotional distress, anxiety, depression, trauma, ACEs can all be factors.”²
- Many people (if not most) have a co-occurring condition.
- For many people, contributing factors happen early in life; for others, well into adulthood.
- Substance use is powerfully reinforcing – habituating.
- A person with a use disorder lives within a context (internal and external).
- Addressing the substance alone rarely works.



² (National Library of Medicine)

A Contextual Understanding of Substance Use



What behavioral science and experience tell us: When we change a behavior, this involves one or more changes in context.³

³ Hayes, S. C., & Hoffmann, S. G. (Eds.) (2018). *Process-based CBT: The science and core clinical competencies of cognitive behavioral therapy*. New Harbinger Publications.

The Paradigm Shifts in Addressing Substance Use

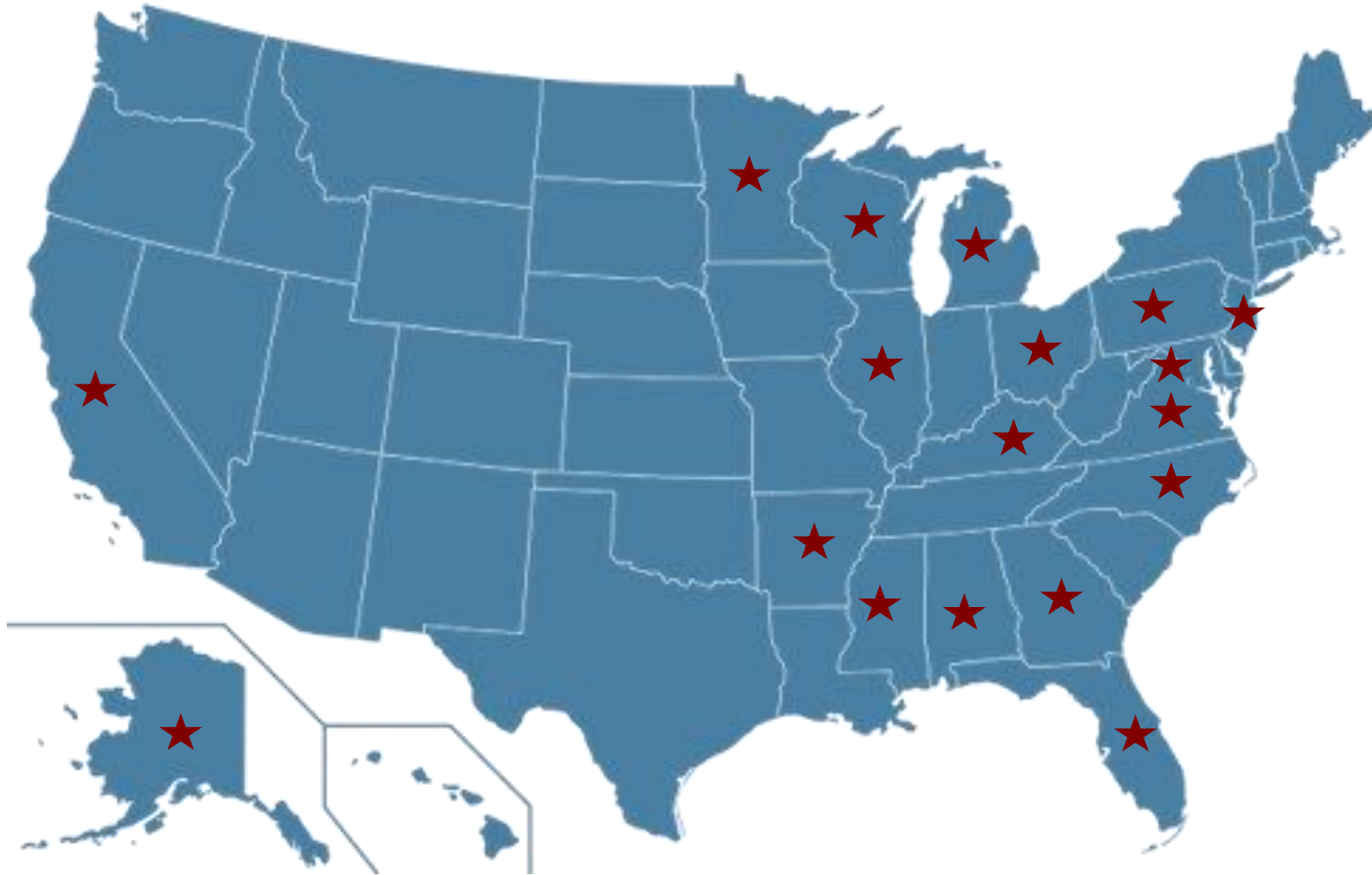
- Treat the whole person within the context in which they live.
- Move away from the over-medicalization of SUD and human suffering.
- There are many paths to recovery.
- Abstinence or reducing substance use risk is viewed as a strategy, a means to an end.
- Treatment takes place in the office. Recovery takes place in the community.
- Evidence-Based Practices
 - Psychosocial: Motivational Interviewing/CBT, Acceptance and Commitment Therapy, Mindfulness, Contingency Management
 - Peer recovery support
 - Pharmacologic interventions
- The ultimate goal is for your patient to “live a life worth living” (paraphrased from Marsha Linehan).



Thoughts and Questions



CoP Participants



It's time for our first breakout session!

(15 minutes)

Meet and greet your colleagues

Three questions to explore:

- What types of psychosocial and medical services are available within your clinic?
- What concerns regarding substance use services are the highest priority for you?
- What is something regarding substance use screening, intervention, and treatment you want to know more about?

Open Discussion



Wrapping Up

Your between-session challenge is to map your clinic's current process for SUD screening, risk stratification, and intervention.

And, ask your staff what their concerns are regarding patient use of substances.

Next Steps

- Remember, Office Hours immediately following the CoP.
- Coaching Calls—*please schedule your initial coaching call if you have not already.*



Source: iStock by Getty Images

Biweekly Office Hours

- **Tuesdays** (after the session) 3:30–4:30 p.m. ET
- Designed to discuss progress and/or challenges related to
 - Your team's action plan
 - The session topic
- Meet colleagues from other health centers



BPHC-BH TA Portal and T/TA Offerings

<https://bphc-ta.jbsinternational.com/>

- Request TA
- Access Learning Management System (LMS) modules
- Learn more about BH TA options
 - One-on-One Coaching
 - E-Learning Webinars
 - Intensive TA for Practice Change
 - Join a Community of Practice (CoP)
 - SDoH Group Virtual TA Roundtable
 - Virtual Peer-Learning Office Hours



The screenshot shows the homepage of the BPHC-BH TA Portal. At the top, there is a navigation bar with the BPHC-BH TA logo and the text "Bureau of Primary Health Care Behavioral Health Technical Assistance". To the right of the logo are links for "Event Calendar", "About Us", and "Contact Us". Below the navigation bar is a secondary menu with links for "Home", "Technical Assistance Resources", "Request Technical Assistance", and "Learning Management System".

The main content area features a banner for "#Together4MH" with the text "TOGETHER for Mental Health" and "Mental health is an important part of our overall health. Join together to advocate for resources, support and access to quality mental health care." The NAMI logo is also present in the banner.

Below the banner, there are three main sections:

- Welcome to the BPHC-BH TA Resource Portal!**

The Bureau of Primary Health Care (BPHC) Behavioral Health (BH) Technical Assistance (TA) portal is designed to meet the specific needs of HRSA health centers and shall focus on both mental health and substance use disorders (referred to jointly as "behavioral health"), with an emphasis on the opioid epidemic.

This portal allows HRSA-funded health centers to request TA and obtain updates on available events such as webinars. Stay tuned for the learning management system and the opportunity to earn continuing education credits.
- Learn About BH TA Options**
 - One-on-One Coaching
 - E-learning Webinars
 - Intensive TA for Practice Change
 - Join a Community of Practice (CoP)
 - SDoH Group Virtual TA Roundtable
 - Virtual Office Hours
 - "Ask an Expert" Series
- Subscribe to the BH TA Bulletin**

The BH TA Bulletin is a weekly update of upcoming BH TA training and technical assistance opportunities that is sent right to your inbox.

Subscribe to the BH TA Bulletin

On the right side of the page, there are two "Upcoming Events" sections:

- Addressing Substance Misuse and Use Disorder in a Healthcare Setting Community of Practice (CoP)**

May 24, 2022
2:00-3:30 pm EDT
- Social Determinants of Health Roundtable 2: Building Relationships with Community Partners to Address Social Determinants of Health**

May 25, 2022
2:00-3:30 pm EDT

Upcoming TA Opportunities!

E-Learning Webinars

Striving for Integrated Behavioral Health Equity for the LGBTQIA+ Community

June 1, 2022 ♦ 11:00 am–12:00 pm EDT

Presenter: Alex Keuroghlian, MD, MPH

Registration Link: <https://us06web.zoom.us/join/zoom-join?pwd=ZUk5LWpqDgoEtYxJgqHFxYnnTqtXuYymARg>

Registration links for webinars can also be found on the BH TA Portal.

Earn **1 CE** credit for attending this webinar.



Upcoming TA Opportunities! (cont'd)

SDOH Group Virtual TA Roundtable

Social Determinants of Health (SDOH) Roundtable 2: Building Relationships with Community Partners to Address the SDOH

May 25, 2022 ♦ 2:00 pm–3:30 pm EDT

Facilitator: Natalie M. Slaughter, MS, Technical Expert Lead, JBS International

Subject Matter Expert: Rhonda Waller, PhD, Senior Associate, Maternal and Child Health Initiatives, The Bizzell Group

Registration link: <https://us06web.zoom.us/meeting/register/tZcsd-6ppzstG9eH3f5H-tPS2rqVO9fmHABj>

Registration links for webinars can also be found on the BH TA Portal.

Earn **1.5 CE** credits for attending this SDOH Roundtable.



CoP Satisfaction Assessment

- Please complete a Satisfaction Assessment of today's session.
- If you plan to obtain CEs for your time in this CoP, the Satisfaction Assessment is required.
- There are two ways to navigate to the assessment:
 1. Follow the link provided in the chat here.
 2. You will be emailed a link from us via Alchemer, our survey platform.



Continuing Education

- We will be offering **1.5 CE credit per session** attended for a maximum of 12 CEs for participation in all 8 CoP sessions.
- You **must** complete the Health Center Satisfaction Assessment after **each** session for which you plan on receiving CEs.
- **CE credits will be distributed for all sessions at the conclusion of the CoP.**



This course has been approved by JBS International, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #86832, JBS international, Inc. is responsible for all aspects of their programming.



JBS International, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6442. Programs that do not qualify for NBCC credit are clearly identified. JBS International, Inc. is solely responsible for all aspects of the programs.



Thank You!

Joe Hyde

jhyde@jbsinternational.com

Andrea Coleman

acoleman@jbsinternational.com

Vision: Healthy Communities, Healthy People

