



Addressing Substance Misuse and Use Disorder in a Healthcare Setting

Community of Practice

Providing a Culturally Relevant Evidence-Based Response

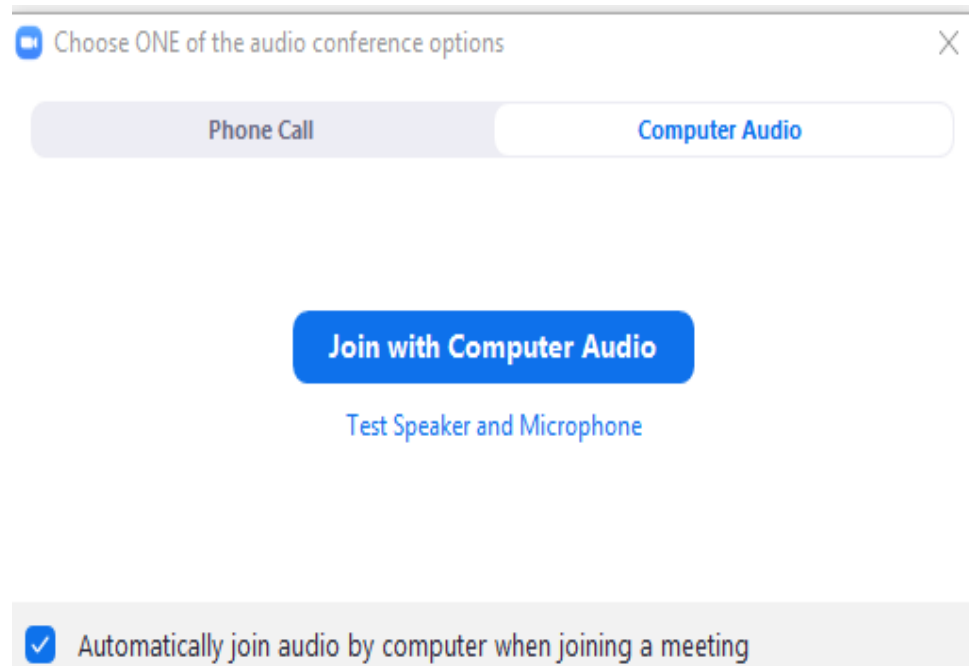
Vision: Healthy Communities, Healthy People



Connecting to Audio

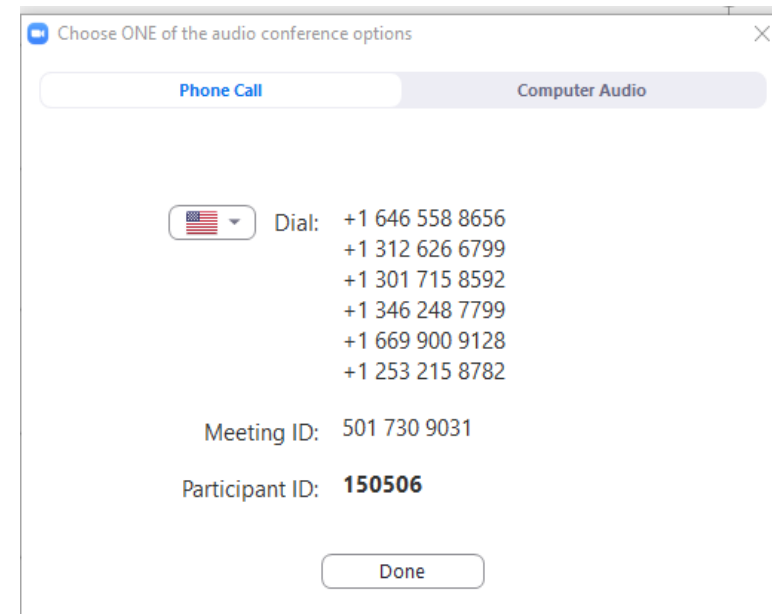
By computer:

- Click **Join with Computer Audio**.



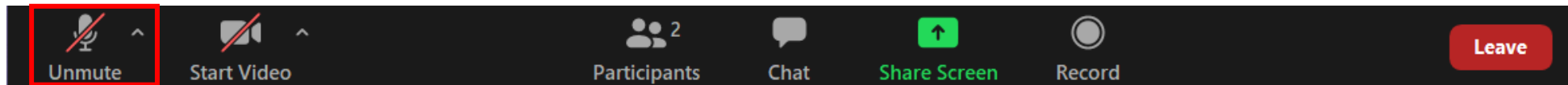
By phone:

- Click the **Phone Call** tab, dial a listed phone number, and enter **Meeting ID** and **Participant ID**.

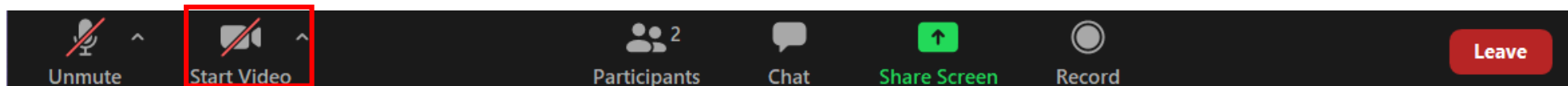


Zoom Participation

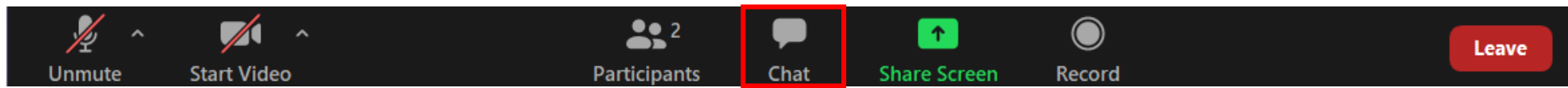
- You will begin muted. To **unmute/mute**, click the **microphone** icon located at the bottom left of your Zoom window.



- We encourage everyone to keep their video enabled. Click **Start Video** to join by webcam.



- To ask a question using the **Chat** feature, click the **Chat** icon located at the bottom center of your Zoom window.



Continuing Education

- We will be offering **1.5 CE credit per session** attended for a maximum of 12 CEs for participation in all 8 CoP sessions.
- You **must** complete the Health Center Satisfaction Assessment after **each** session for which you plan on receiving CEs.
- **CE credits will be distributed for all sessions at the conclusion of the CoP.**



This course has been approved by JBS International, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #86832, JBS international, Inc. is responsible for all aspects of their programming.



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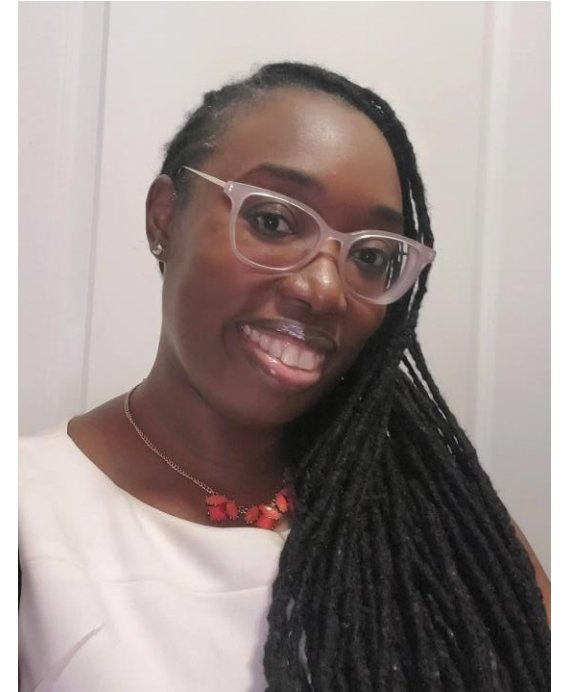
CoP Presenters and Facilitators



Presenter:
Maria Torres, Ph.D., M.A.
Stony Brook University



Facilitator:
Joe Hyde, LMHC, CAS
JBS International



Facilitator:
Andrea Coleman, M.S.
JBS International

Agenda for Today

Check-In & Attendance

Presentation: *Providing a Culturally Relevant Evidence-Based Response to Substance Use*

Participant Q & A

Session Wrap-Up & Between-Session Activity

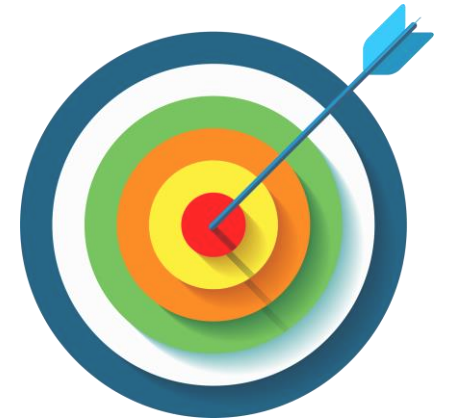


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Session Learning Objectives

By the end of this session, participants will have

1. Expanded their conceptualization of culture, considering its impact on their program and practice,
2. Gained tools for reflecting on the ways their work takes into consideration the role and impact of culture on the individual and community, and
3. Deepened their understanding of the relationship between historical trauma, Social Determinants of Health, and the ways this history and context influence client and provider choices and decisions to access services.



Source: iStock

Plan for This Presentation

- Revisiting our contextual understanding of substance use
- Discussing culture, personhood, and the importance of cultural relevance in clinical practice
 - Weaving in what we know about trauma and the role of bias

Checking In

- Any questions, comments, or reflections from our last discussion on trauma and substance use?
- Between-Session Activity
Task: Throughout your day, notice the messages you get from TV, radio, movies, the internet, etc. about people who are like you and people who aren't like you.
 - **Notice** how gender, race, ethnicity, ability, neurodiversity, sexual orientation, religion, etc. are presented.
 - **Consider** how these messages reinforce (or challenge) the stereotypes or biases about “others” that we all carry.



Equality

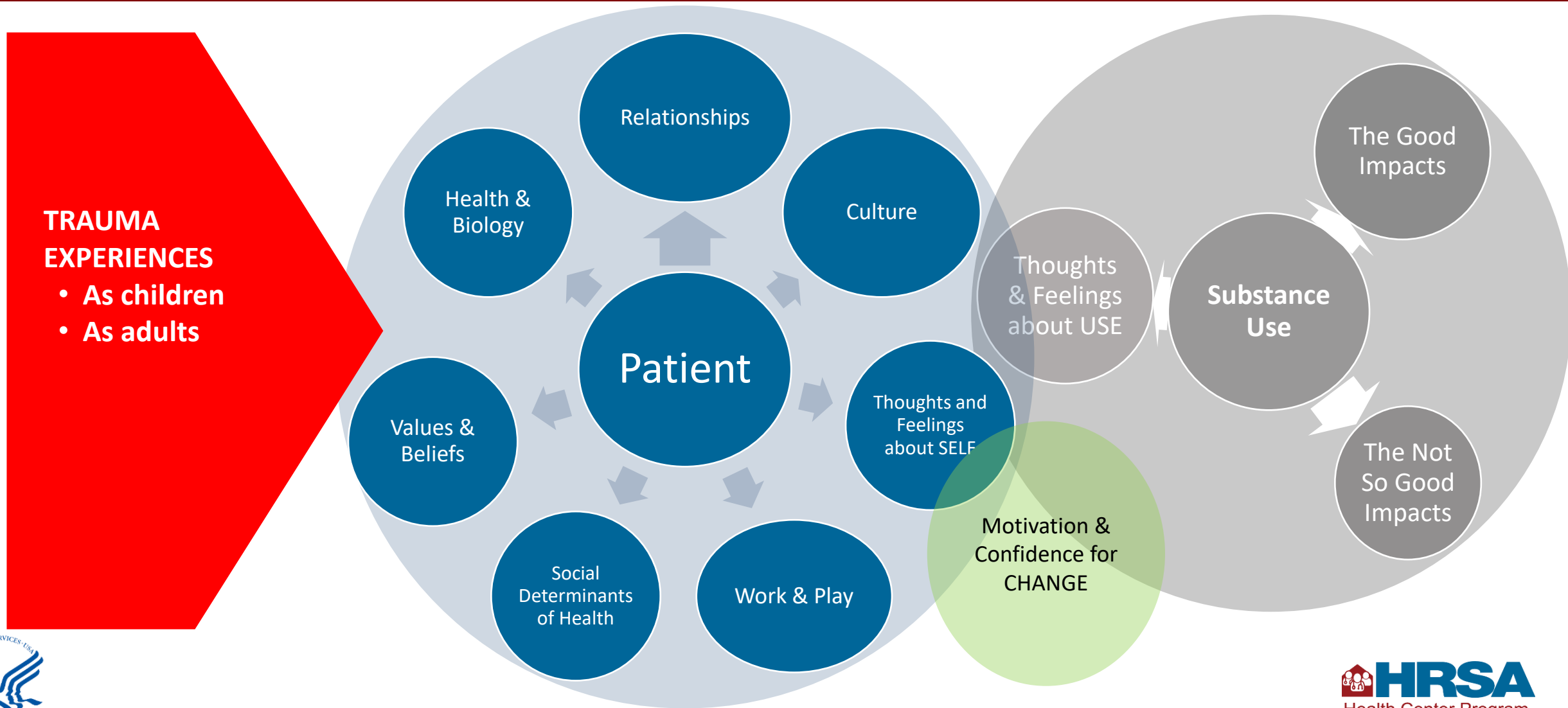


Equity

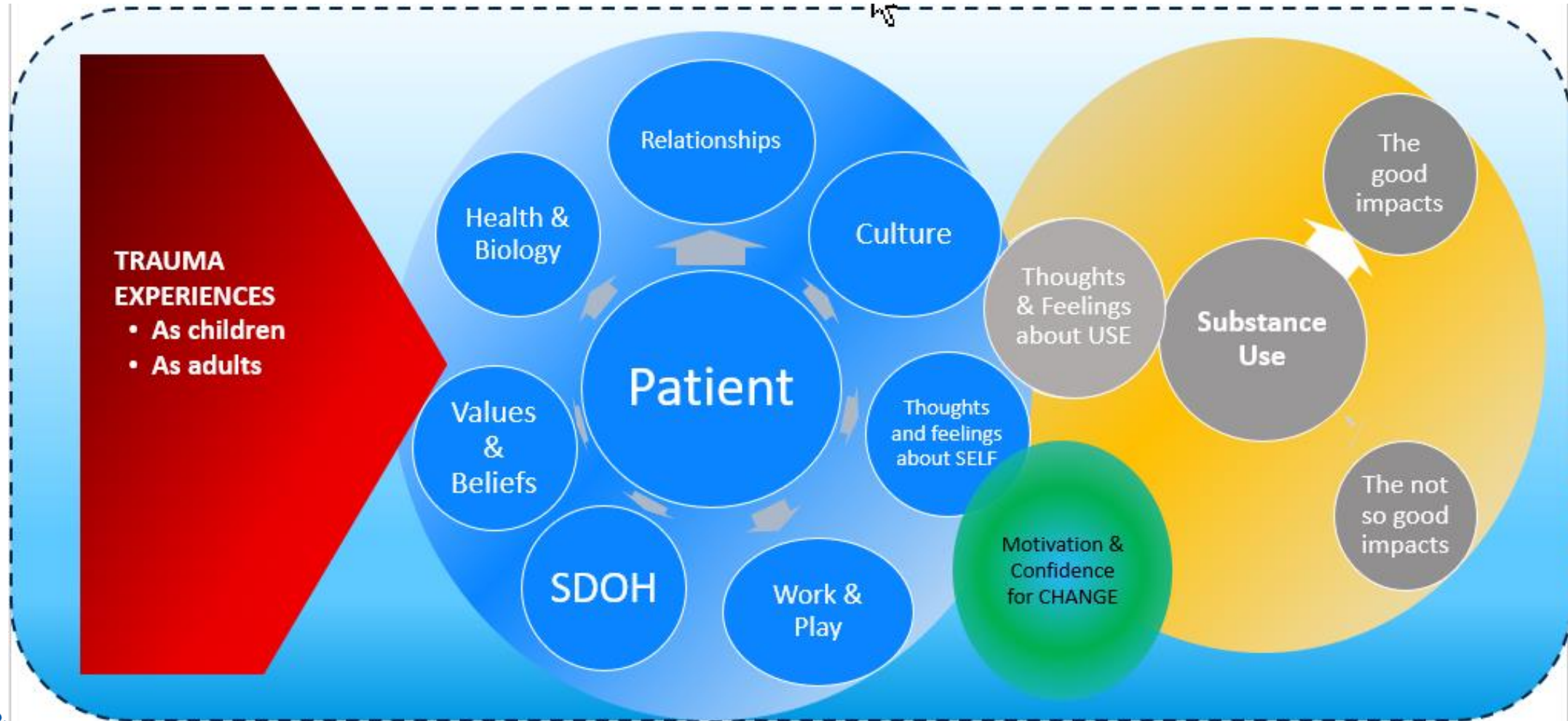


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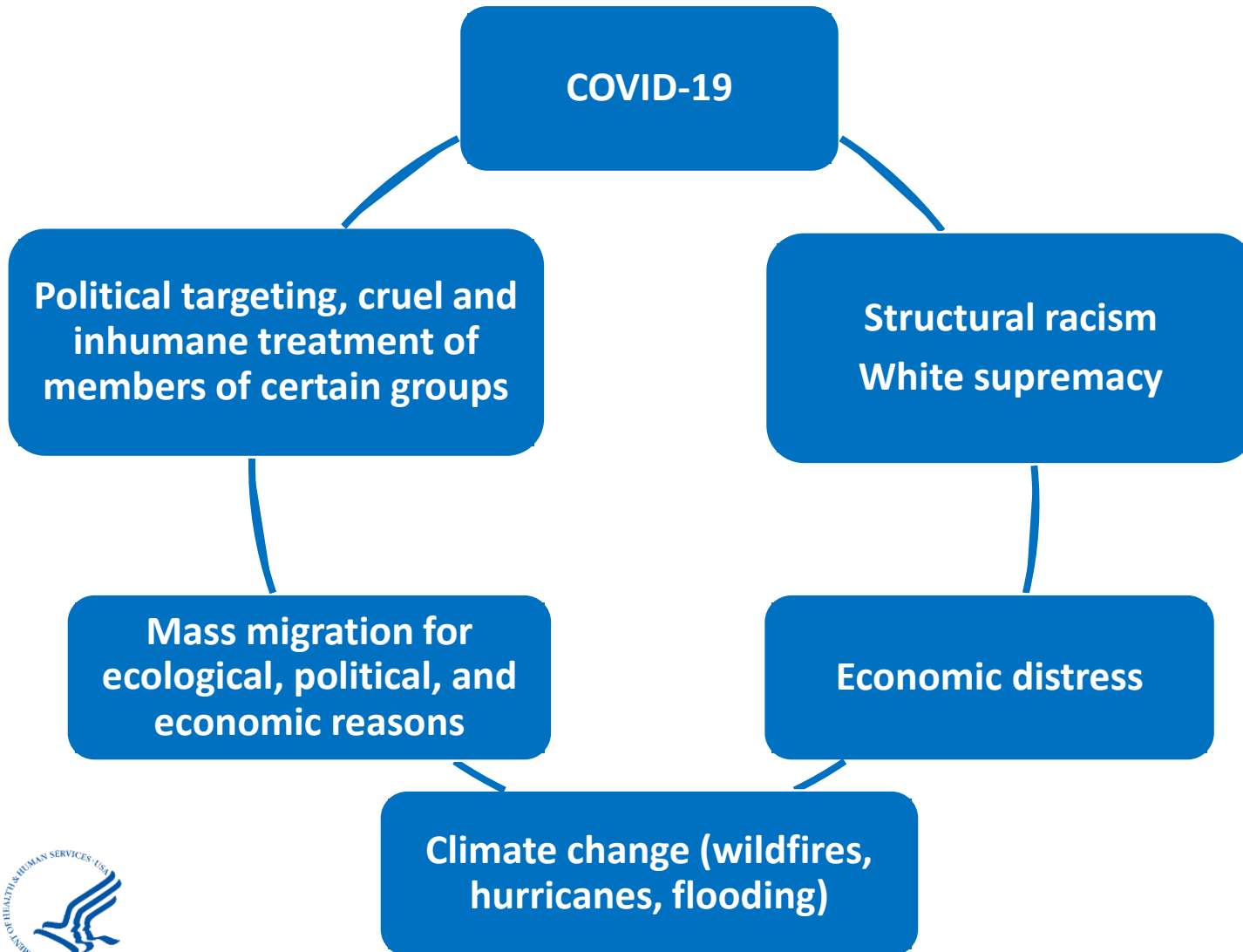
Revisiting Our Contextual Understanding of Substance Use



Culture and Cultural Relevance: MAKING THINGS VISIBLE



Context Matters: Interacting Pandemics

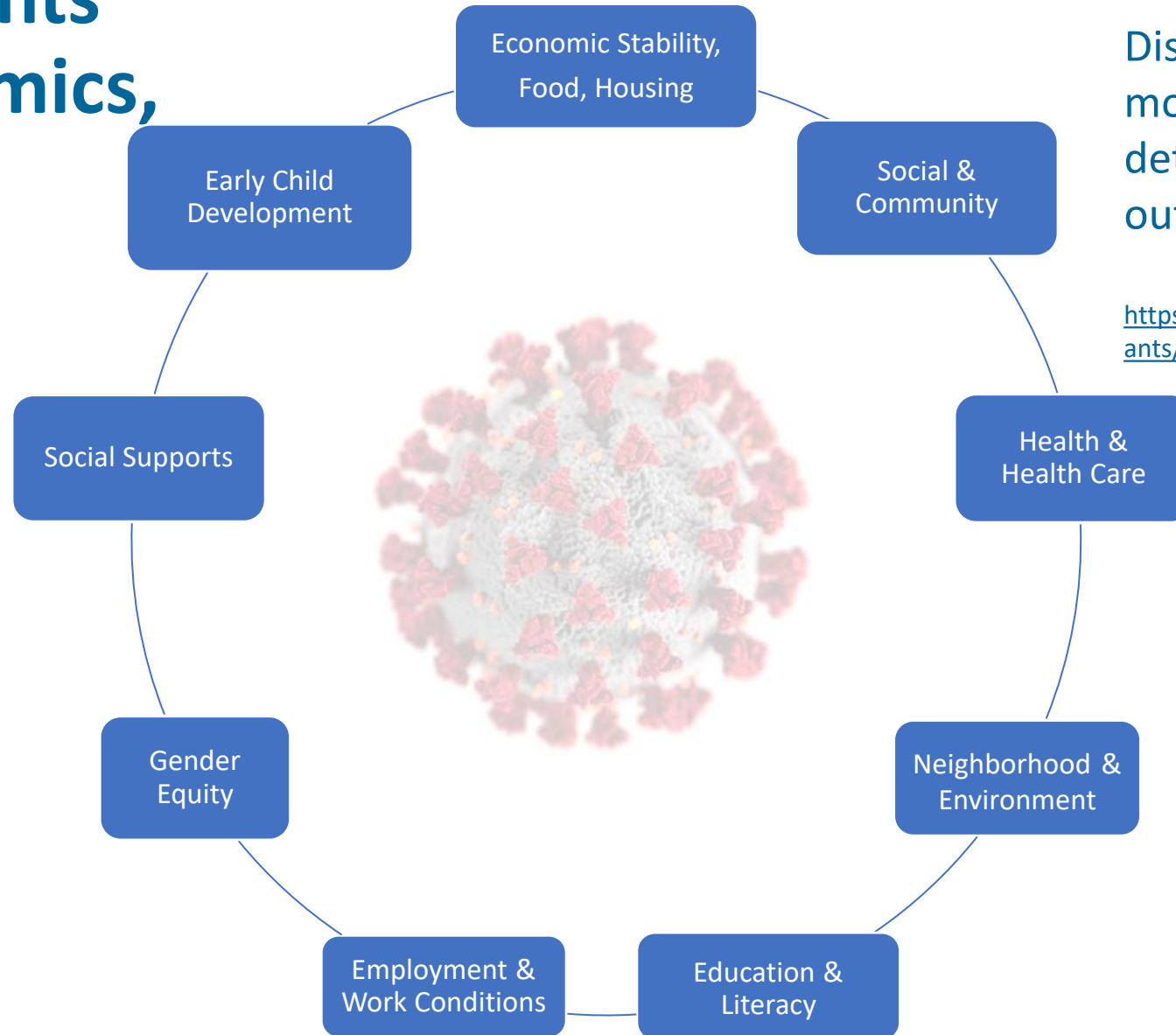


- Effects of pandemics are ALWAYS unequal
- Longstanding inequities are heightened and super-exposed
 - Exploitation
 - Disparities
 - Suffering
- Doing good without conscious awareness of how structural forces are expressed interpersonally can lead to doing harm
- How can we navigate these realities?

Social Determinants of Health, Pandemics, and Disparities

Office for Disease Prevention and Health Promotion *Healthy People 2020* Goal:

Create social and physical environments that promote good health for all.



Distribution of power, money, and resources determines health outcomes.

https://www.who.int/social_determinants/sdh_definition/en/

What Do We Mean by *Culture*?

- “Culture” is frequently a synonym for diversity, referring to race, ethnicity, gender identity, sexual orientation, religion, country of origin, and ability.
- It is important that we understand that *culture is more than a category or label.*
- It’s crucial to recognize the intersectionality within us all.
 - The complexity of PERSONHOOD

Personhood (Summerfield)



- Who we are—our identity, sociocultural world, family, self, and individuation
- How we perceive the world, think, feel, our values and worldviews, who we trust and don't trust
- What we need from others and who we go to, to meet these needs

What we think

What we feel

How we express what we are feeling

How we make sense (meaning) about what is happening

What does feeling better look like?

What does “recovery” mean?

What is most important in our sociocultural world

Culture and Personhood

Need and personhood (adapted from Summerfield)

How does one understand risk and safety?

What do you seek help for?

Who do you seek help from and who can you trust?

What do you share with people outside of your family?

What lessons have been learned about surviving traumatic events?

What is normal and abnormal behavior?

How Is Culture Relevant to Clinical Practice?

- As noted, culture is the product of group values, beliefs, norms, practices, expectations, and experiences.
- Culture is both *our own and our clients*.
- Culture influences how we conceptualize or understand illness and wellness, problem severity, the meaning of symptoms, the treatment system, attitudes toward medication, and the decision to seek care or not.
- The influence of culture cannot be overstated.



Personhood Exercise

What is important to know about your personhood (one or two things)?

How might these aspects affect how you see the world?

What inner and outer resources do you draw on when facing profound stress (one or two examples)?

Belief that every individual and collective group has sources of strength and resilience

Connects psychological well-being with social well-being

Respect for natural, informal healing processes

Utilizing people from within the affected group (e.g., clients) to help others—training of trainers, peer recovery

Cultural practices are centralized

Professionals provide consultation and support to affected clients and their families without taking over

Caution about unintended effects

Psychosocial Capacity Building(PCB) Model

(From *PCB in Response to Disasters*, Miller, 2012)

The Importance of Culturally Relevant Practice

1. As practitioners, it's important to recognize the histories of our clients and how history impacts our clients today.
 - Consider, the legacy of colonization, slavery, and white supremacist beliefs embedded in institutions and practices and how this history continues to impact racial/ethnic minorities, marginalized individuals and communities, and our entire culture today.
2. Anchoring our clinical work with the individual priorities and values of the persons we serve yields measurably better outcomes.



Strategies to Improve Your Culturally Relevant Practice

- Do your self work and your homework! Find out what you can.
- Be careful not to assume or infer beliefs, or make assumptions about an individual, based on group generalizations.
- While broad cultural values may exist, it's equally true that significant variability also exists within individuals and within cultural groups (no group is monolithic).

Thoughts and Questions



Wrapping Up & Between-Session Activity

Task #1: Please take a few minutes to reflect on the following questions:

- 1) What was the most important thing you learned today?
- 2) What questions remain in your mind?



Task #2: Review the Cultural Formulation Interview (CFI).

- If you are not already using it, do you think it could inform your practice?
- If you are already using it, what do you see as the strengths and challenges of the CFI?

Our next session topic is: ***Bias and Stigma***

Activity

Mapping a client's Social Determinants of Health:

1. Economic stability, food, & housing
2. Social and community
3. Health & health care
4. Neighborhood & environment
5. Education & literacy
6. Employment & work conditions
7. Gender equity
8. Social supports
9. Early childhood development



Mapping your own Social Determinants of Health:

Next Steps

- Remember, Office Hours immediately following the CoP.
- Coaching Calls are available—*please reach out to schedule a coaching call if you need additional assistance.*



Source: iStock by Getty Images

Biweekly Office Hours

- **Tuesdays** (after the session) 3:30–4:30 p.m. ET
- Designed to discuss progress and/or challenges related to
 - Your team's action plan
 - The session topic
- Meet colleagues from other health centers



BPHC-BH TA Portal and T/TA Offerings

<https://bphc-ta.jbsinternational.com/>

- Request TA
- Access Learning Management System (LMS) modules
- Learn more about BH TA options
 - One-on-One Coaching
 - E-Learning Webinars
 - Intensive TA for Practice Change
 - Join a Community of Practice (CoP)
 - SDoH Group Virtual TA Roundtable
 - Virtual Peer-Learning Office Hours

BPHC-BH TA
Bureau of Primary Health Care Behavioral Health Technical Assistance

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#Together4MH
TOGETHER
for Mental Health

Mental health is an important part of our overall health. Join together to advocate for resources, support and access to quality mental health care.

NAMI
National Alliance on Mental Illness
nami.org/mentalhealthmonth

Welcome to the BPHC-BH TA Resource Portal!

The Bureau of Primary Health Care (BPHC) Behavioral Health (BH) Technical Assistance (TA) portal is designed to meet the specific needs of HRSA health centers and shall focus on both mental health and substance use disorders (referred to jointly as “behavioral health”), with an emphasis on the opioid epidemic.

This portal allows HRSA-funded health centers to request TA and obtain updates on available events such as webinars. Stay tuned for the learning management system and the opportunity to earn continuing education credits.

Learn About BH TA Options

- One-on-One Coaching
- E-learning Webinars
- Intensive TA for Practice Change
- Join a Community of Practice (CoP)
- SDoH Group Virtual TA Roundtable
- Virtual Office Hours
- “Ask an Expert” Series

Subscribe to the BH TA Bulletin

The BH TA Bulletin is a weekly update of upcoming BH TA training and technical assistance opportunities that is sent right to your inbox.

Subscribe to the BH TA Bulletin

Upcoming Events

Addressing Substance Misuse and Use Disorder in a Healthcare Setting Community of Practice (CoP)
May 24, 2022
2:00–3:30 pm EDT

Social Determinants of Health Roundtable 2: Building Relationships with Community Partners to Address Social Determinants of Health
May 25, 2022
2:00–3:30 pm EDT



Upcoming TA Opportunities!

Office Hours

UDS Depression Measures – How to Measure Them & How to Meet Them

Date: July 25, 2022, 2:00–3:00 p.m. ET

Presenter: Chantal Laperle, M.A., CPHQ, PCMH CCE, CTL

Register: <https://us06web.zoom.us/meeting/register/tZUoc-ivqzkgGtN6sHiSgo4X71mUwNycYp9e>

Earn **1 CE** credit for attending this session.





BHTA Satisfaction Assessment

- We would love your feedback—please complete a satisfaction assessment.
 - <https://survey.alchemer.com/s3/6871352/Health-Center-Technical-Assistance-TA-Satisfaction-Assessment-CoP-4-Addressing-Substance-Misuse-and-Use-Disorder-in-a-Healthcare-Setting-Community-of-Practice>
- Remember! If you want to obtain CEs for your time today, you must complete a satisfaction assessment.
- There are two ways navigate to the assessment:
 1. Follow the link provided in the chat here.
 2. You will be emailed a link from us via Alchemer, our survey platform.





Thank You!

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Vision: Healthy Communities, Healthy People

