



Community of Practice "Behavioral Health Integration Skills and Practices"

Joe Hyde, MA, LMHC, CAS, Facilitator

Laura Ross, MS, LMFT, Facilitator

Katie Crowley, BS, Co-facilitator

Tuesday, May 2, 2023

Vision: Healthy Communities, Healthy People





Session 1: Core Skills & Strategies for Behavioral Health Providers

Welcome!

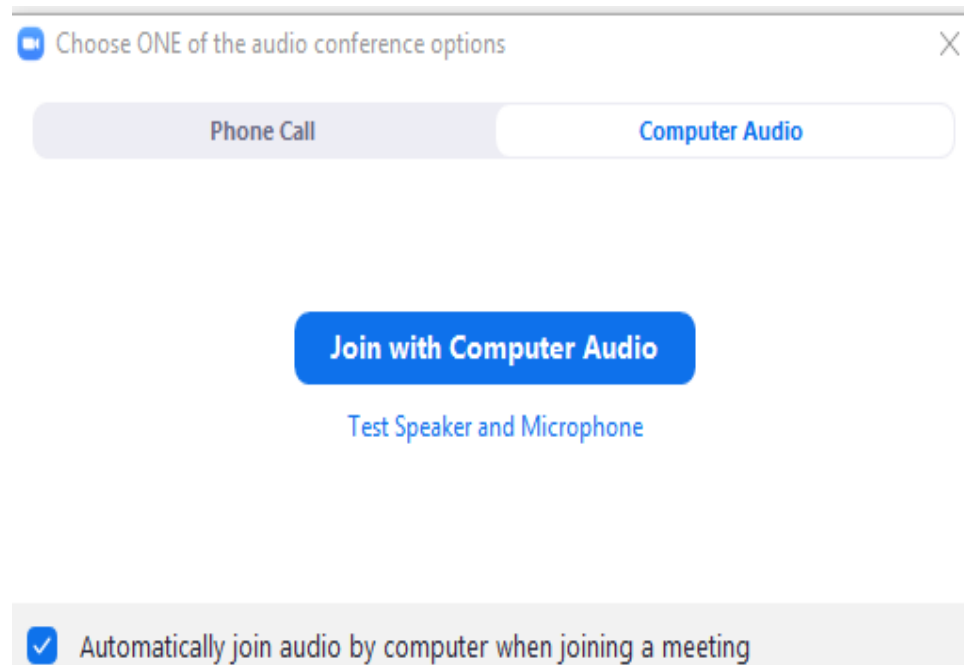
Vision: Healthy Communities, Healthy People



Connecting to Audio

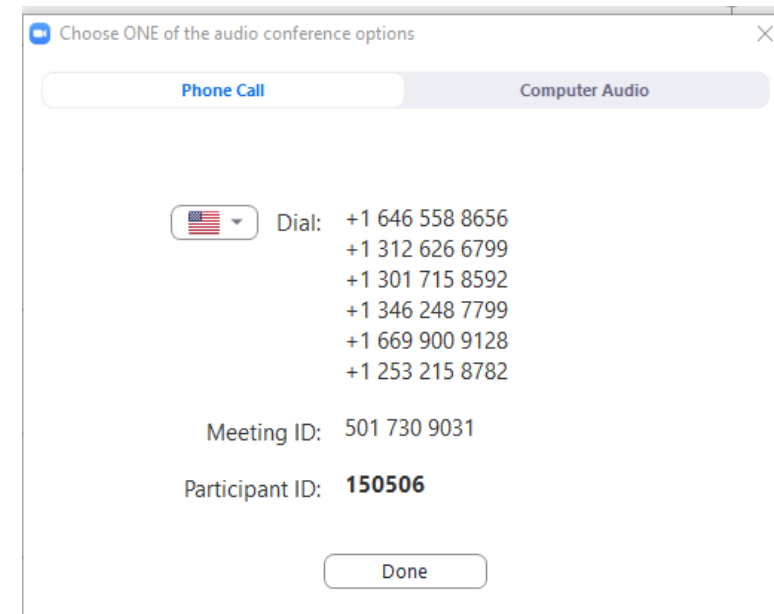
By computer:

- Click **Join with Computer Audio**.



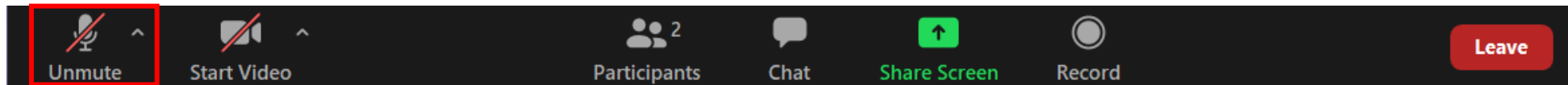
By phone:

- Click the **Phone Call** tab, dial a listed phone number, and enter **Meeting ID** and **Participant ID**.

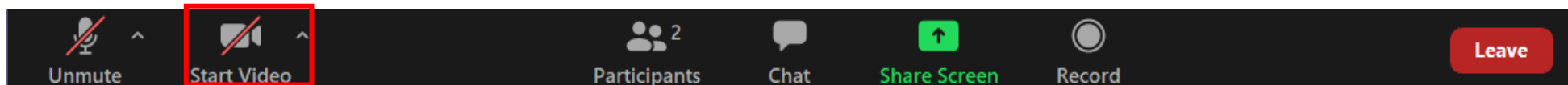


Zoom Participation

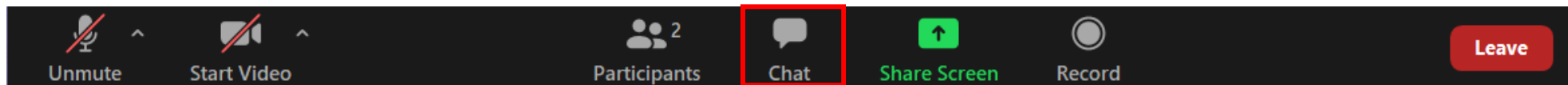
- You will begin muted. To **unmute/mute**, click the **microphone** icon located at the bottom left of your Zoom window.



- We encourage everyone to keep their video enabled. Click **Start Video** to join by webcam.



- To ask a question using the **Chat** feature, click the **Chat** icon located at the bottom center of your Zoom window.



Session Facilitators



Facilitator:
Joseph Hyde, MA, LMHC, CAS
BHTA Deputy Project Director and
Senior Technical Expert Lead
JBS International, Inc. (JBS)



Facilitator:
Laura Ross, MS, LMFT
Technical Expert Lead
JBS International, Inc. (JBS)

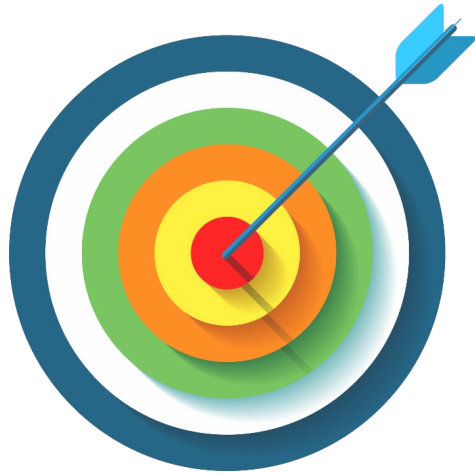


Co-Facilitator:
Katie Crowley, BS
Program Associate II
Advocates for Human Potential, Inc.



Objectives

Participants of today's CoP Session 1 will :



Source: iStock

- ✓ Get to Know Fellow Colleagues in this CoP
- ✓ Clarify Goals for CoP Participation
- ✓ Discuss CoP Content
- ✓ Learn and Prioritize Content Areas to be Covered in this CoP

Community of Practice Goals

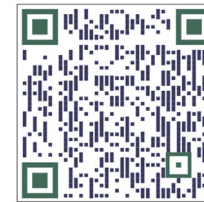
At the end of this CoP, participants will be able to:

1. Identify Core Strategies and Skills common for Behavioral Health Providers in Integrated Care
2. Describe an Approach to Team-Based Care
3. Identify and Practice Specific Skills including:
 1. Structured or Semi-structured Interventions
 2. Screening and Risk Stratification with Validated Tools
 3. Using Brief Motivational Interventions for Support, Treatment Engagement and Retention
 4. Core Evidence-based Behavioral Intervention Strategies
 5. Strategies for Behavioral Activation
4. Develop a plan that supports transfer of learning and new skills into practice.



Today's Agenda

- Welcome & Introductions
- Presentation - Core Strategies and Skills Common for Behavioral Health Providers in Integrated Care
- Facilitated Discussions
- Announcements
 - Office hours for this event, registration QR code & link: <https://us06web.zoom.us/meeting/register/tZYf-6grjlpE9LqtAP5pCsqAoyH0ZHRAluJ>
 - Future TA events
 - Satisfaction assessment link: <https://survey.alchemer.com/s3/7304680/Health-Center-TA-Satisfaction-Assessment-CoP-4-Behavioral-Health-Integration-Skills-and-Practices-for-Health-Centers>



Source: iStock

A Fifteen-minute Breakout Conversation

- Introduce Yourself to Your Colleagues: Your role, a bit about your practice?
- Why is this Content Important for you?
- What Practice-related Knowledge and Skills are Priorities for you to learn or strengthen?



Breakout Debrief & Summary

- Why is this Content Important?
- What Knowledge and Skills are Priorities?
- Summarize, Debrief



Source: Microsoft® PowerPoint® for Microsoft 365.

Topics for CoP 4 Sessions

Session 1 (May 2): Core Strategies and Skills used by Behavioral Health Providers

Session 2 (May 16): An Approach to Team-Based Care

Session 3 (May 30): Use of Structured or Semi-Structured Interventions

Session 4 (June 13): Screening and Risk-Stratification Using Validated Tools

Session 5 (June 27): Brief Motivational Interventions for Reducing Risk, Treatment Engagement and Retention

Session 6 (July 11): Core Evidence-Based Behavioral Health Intervention Strategies (Part 1)

Session 7 (July 25): Core Evidence-based Behavioral Health Intervention Strategies (Part 2)

Session 8 (August 8): Skills to Practice: Transferring CoP Learning into Practice

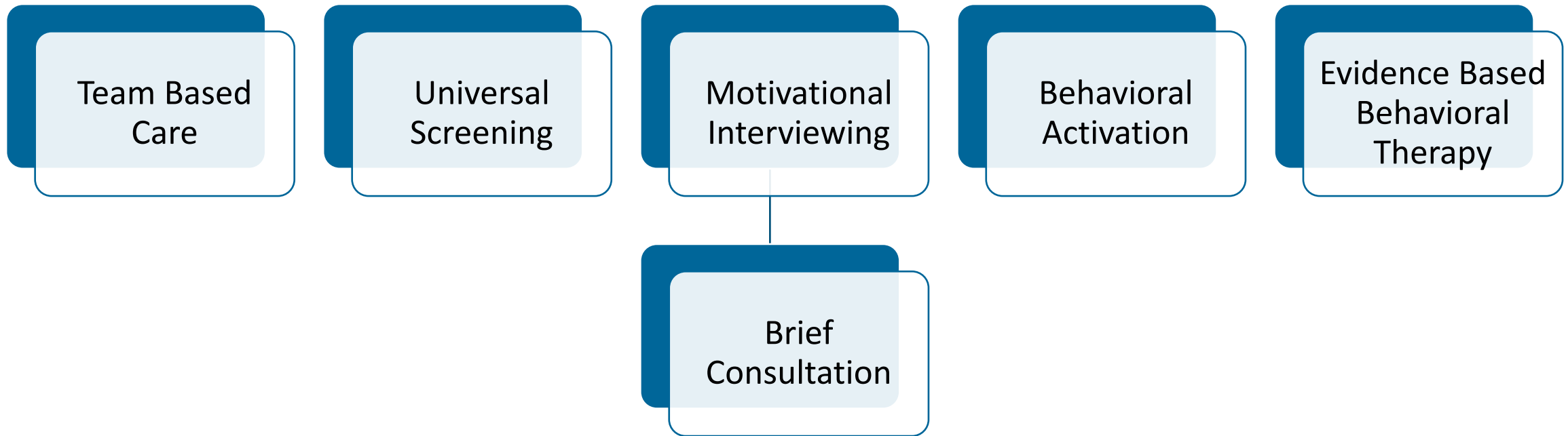


Changing Behavioral Health Provider's Roles in Integrated Care



Source: Microsoft® PowerPoint® for Microsoft 365.

Pillars of Behavioral Health in Integrated Care



An Approach to Team-based Care

- Reconceptualize Care-Planning to Support Whole-person Care
- Supporting Culturally-relevant Practice
- Setting Measurable Objectives
- Successful Team Collaboration – *each member has a seat at the table*



Polling Question

Which of the five pillars of integrated care are of highest importance for you?

1. Team-Based Care
2. Universal Screening
3. Motivational Interviewing
4. Behavioral Activation
5. Evidence-Based Behavioral Interventions

Discuss Polling Question Responses

Participant Discussion



We will reach out to you!

As your practice enhancement partners, Laura and Joe will reach out to each of you as part of the CoP to see how we can further support your efforts.



Session Wrap-up Questions & Answers



Image Source: Microsoft® PowerPoint® for Microsoft 365.

Continuing Education & Satisfaction Assessment

- We will be offering **1.5 CE credit per session** attended for a maximum of 12 CEs for participation in all 8 CoP sessions.
- You **must** complete the Health Center Satisfaction Assessment after **each** session for which you plan on receiving CEs.
 - Follow the link in the chat
 - Use the link in the follow-up message from Alchemer (Survey Monkey)
- **CE credits will be delivered via email and sent by DocuSign.**



This course has been approved by JBS International, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #86832, JBS international, Inc. is responsible for all aspects of their programming.



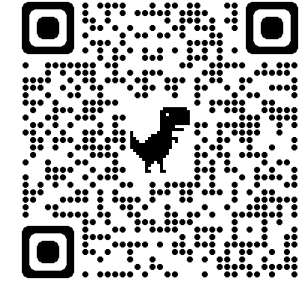
JBS International, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6442. Programs that do not qualify for NBCC credit are clearly identified. JBS International, Inc. is solely responsible for all aspects of the programs.



BPHC-BH TA Portal

- Request TA
- Access Learning Management System (LMS) modules
- Learn more about BH TA options
 - One-on-One Coaching
 - E-learning Webinars
 - Virtual or In-Person TA for Sustainable Integrated Care
 - Integration of Oral and Behavioral Health
 - Virtual Brown Bag Sessions

<https://bphc-ta.jbsinternational.com/>



The screenshot shows the BPHC-BH TA Resource Portal website. The header features the BPHC-BH TA logo and navigation links for Event Calendar, About Us, and Contact Us. A secondary navigation bar includes Home, Technical Assistance Resources, Request Technical Assistance, and Learning Management System. The main content area has a welcome message and a list of BH TA options.

BPHC-BH TA
Bureau of Primary Health Care Behavioral Health Technical Assistance

Event Calendar | About Us | Contact Us

Home | Technical Assistance Resources | Request Technical Assistance | Learning Management System

Welcome to the BPHC-BH TA Resource Portal!

The Bureau of Primary Health Care (BPHC) Behavioral Health (BH) Technical Assistance (TA) portal is designed to meet the specific needs of HRSA health centers and shall focus on both mental health and substance use disorders (referred to jointly as “behavioral health”), with an emphasis on the opioid epidemic.

Learn About BH TA Options

- One-on-One Coaching
- E-learning Webinars
- Intensive TA for Practice Change
- Join a Community of Practice (CoP)
- Integration of Oral Health and Behavioral Health Virtual Learning Collaborative
- Virtual Brown Bag Lunches



Intensive TA for Sustainable Behavioral Health Integrated (BHI) Care

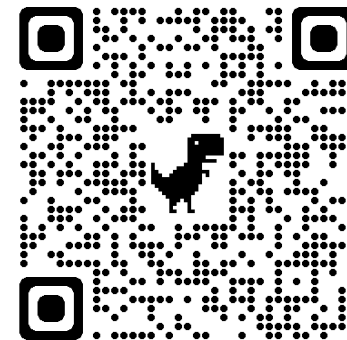
- **Topics:** Medicaid Billing and Coding for BHI Services; Screening, Brief Intervention, Motivational Interviewing in Primary Care; Effective Clinical Workflows; Sustainable Training Strategies; Addressing Health Center Staff Secondary Trauma
- **Date/Time:** 4-6 hours as one-to-one coaching or on-site TA; planned around health center staff availability
- **Presenter:** BHTA Team of Senior Technical Expert Leads & Subject Matter Experts
- **Description:** Complete the simple request form and the BHTA will schedule a meeting to discuss the technical assistance you are interested in receiving

Request form link:

<https://bphc-ta.jbsinternational.com/ta-request-form>

Request form

QR Code:



Upcoming Webinars

"Successfully Integrating Behavioral Health Care Into Clinical Workflow"

Date: Wednesday, May 10

Time: 2:30 – 3:00 PM ET

Presenters: Lori Raney, MD

Description: This webinar will apply lessons learned in developing an integrated care workflow, describe the roles of key team players in integrated care, and understand how issues with role clarity may impact successful workflow design.

Registration Link:

https://us06web.zoom.us/webinar/register/WN_YbwrSsABRY6yU6k6j-KQYg

**Registration
QR Code:**



Upcoming Oral Health and Behavioral Health Learning Collaborative Sessions

"Applying a Motivational Interviewing Foundation in Oral Health"

Date: Wednesday, May 10, 2023

Time: 1:00 – 2:30 p.m. ET

Presenters: Matt Allen, DDS, Tamanna Tiwari, MPH, MDS, BDS

Description: Participants will gain knowledge about the application of “Motivational Interviewing” (MI) in oral health care. MI is a therapeutic tool used to lay the foundation for patient-centered care, leading to improved outcomes.

Registration Link:

<https://us06web.zoom.us/meeting/register/tZAscuCtpj8pHd1PMeyP5ouuxsT61Mtw3jzb>

**Registration
QR Code:**





Thank you!
We'll see you at Session 2
An Approach to Team Based Care

Presenter Contact Information:

Joe Hyde, MA, LMHC, CAS, Facilitator: jhyde@jbsinternational.com

Laura Ross, MS, LMFT, Co-Facilitator: lross@jbsinternational.com

Vision: Healthy Communities, Healthy People

