



Transition-Aged Youth: Integrating Primary Care and Behavioral Health Services

Candice Russell, B.S., Facilitator

Natalie M. Slaughter, M.S., Facilitator

Katie Crowley, B.S., Co-Facilitator

Thursday, April 27, 2023

Vision: Healthy Communities, Healthy People





Session 8: CoP Summary and Presentations

Thursday, April 27, 2023

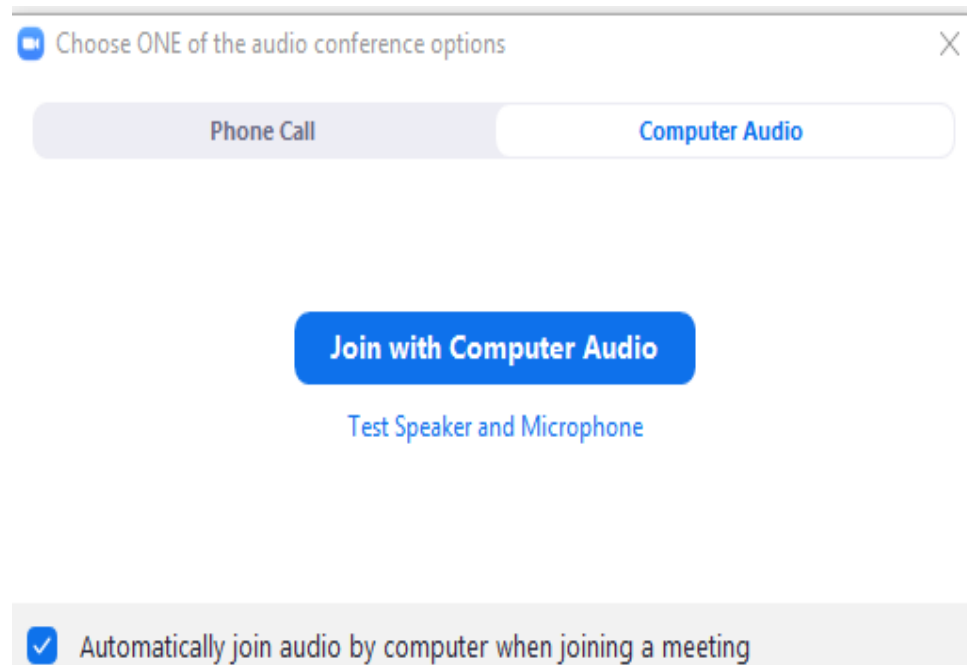
Vision: Healthy Communities, Healthy People



Connecting to Audio

By computer:

- Click **Join with Computer Audio**.



Choose ONE of the audio conference options

Phone Call Computer Audio

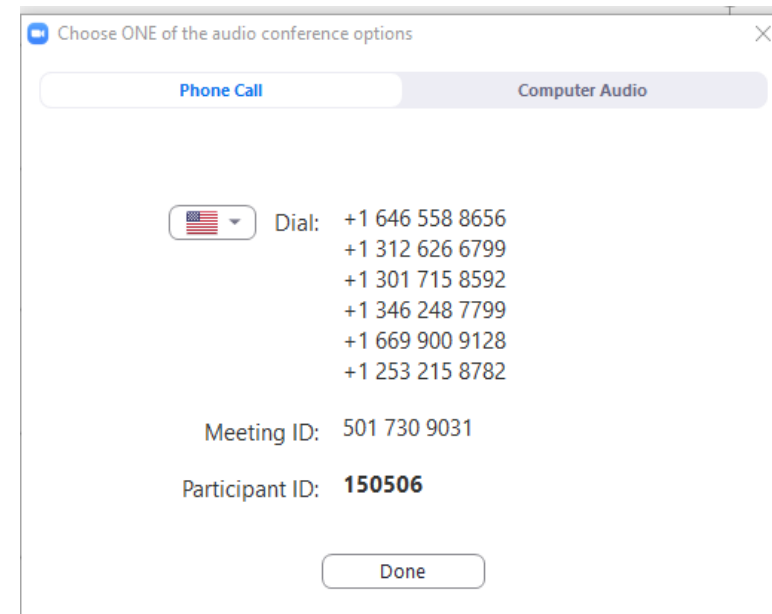
Join with Computer Audio

[Test Speaker and Microphone](#)

☒ Automatically join audio by computer when joining a meeting


By phone:

- Click the **Phone Call** tab, dial a listed phone number, and enter **Meeting ID** and **Participant ID**.



Choose ONE of the audio conference options

Phone Call Computer Audio

 Dial: +1 646 558 8656
+1 312 626 6799
+1 301 715 8592
+1 346 248 7799
+1 669 900 9128
+1 253 215 8782

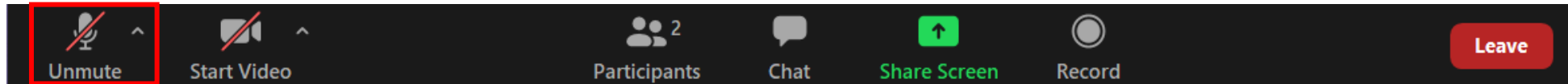
Meeting ID: 501 730 9031

Participant ID: **150506**

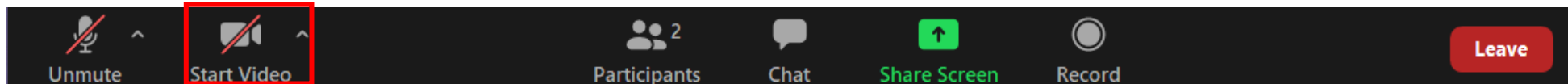
Done

Zoom Participation

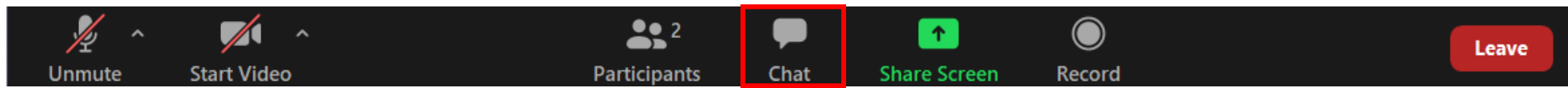
- You will begin muted. To **unmute/mute**, click the **microphone** icon located at the bottom left of your Zoom window.



- We encourage everyone to keep their video enabled. Click **Start Video** to join by webcam.



- To ask a question using the **Chat** feature, click the **Chat** icon located at the bottom center of your Zoom window.



CoP Facilitators



Facilitator:
Candice Russell, B.S.
Senior Program Associate I
Advocates for Human Potential, Inc.



Facilitator: Natalie M. Slaughter, M.S.
Technical Expert Lead II
JBS International, Inc.



Co-Facilitator:
Katie Crowley, B.S.
Program Associate
Advocates for Human Potential, Inc.

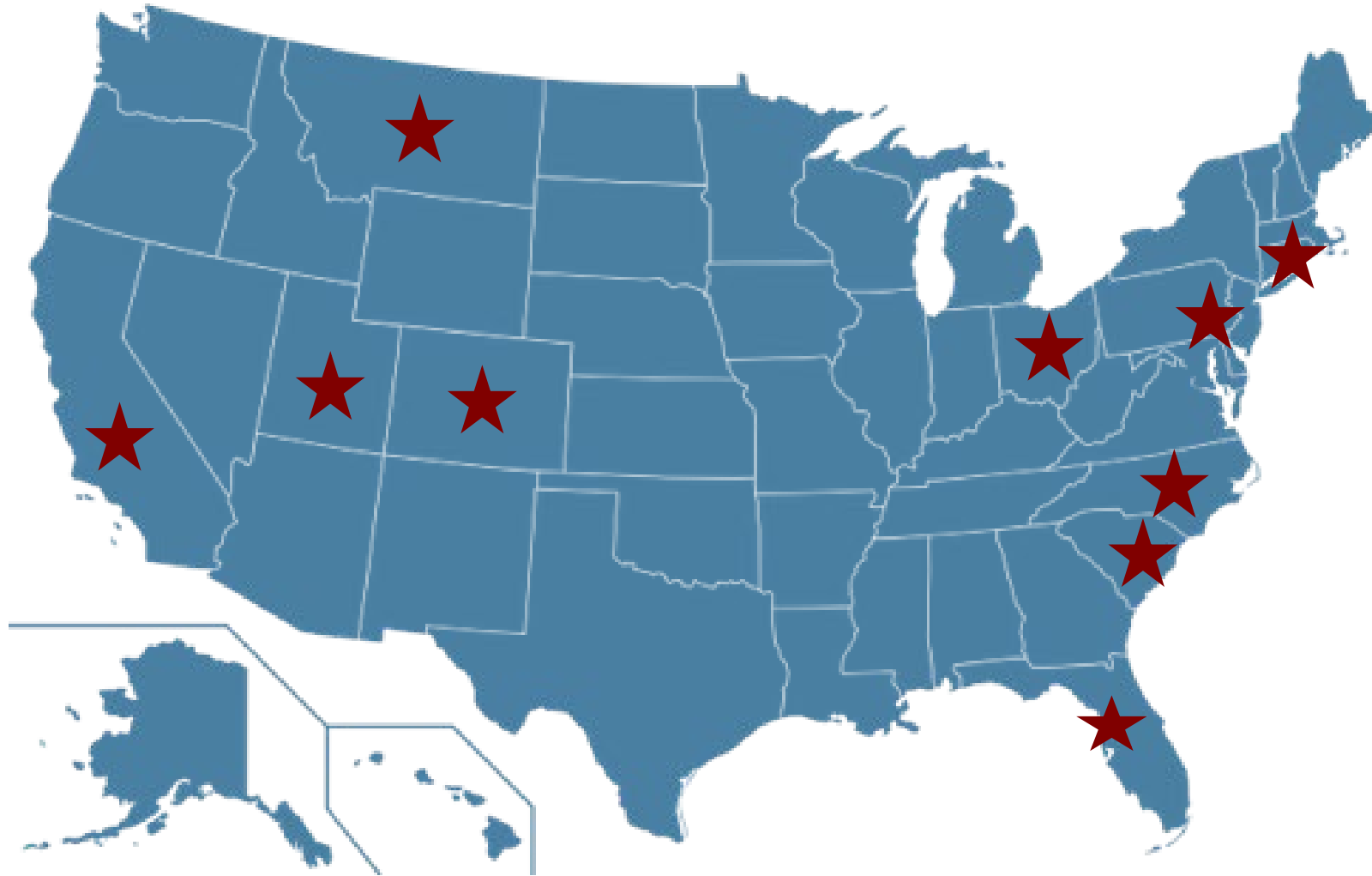
Agenda

- Check-in and attendance
- CoP learning objectives
- CoP session topics review
- Participant discussion
- Action planning going forward
- Participant Q&A
- Session wrap-up & intersession learning assignment



Source: iStock

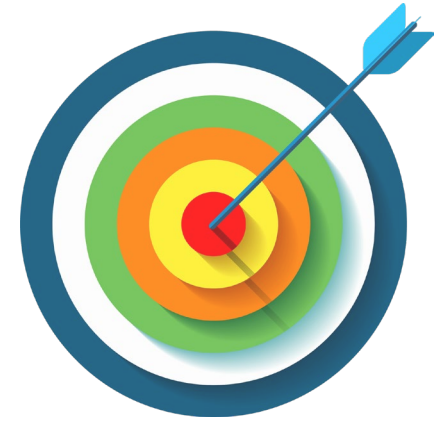
CoP Participants



CoP Learning Objectives

At the end of this CoP, participants will be able to:

1. Describe the unique challenges that transition-aged youth (TAY) face and the solutions that can be implemented to support them.
2. Design developmentally appropriate programming that is also trauma informed, equitable, and inclusive.
3. Develop effective strategies for your clinic that will improve outreach to and engagement of TAY from specific populations (e.g., youth in foster care, LGBTQIA+ youth, youth and young adults who are pregnant/parenting).



Source: iStock

Realizing the Vision

Strategic Plans are driven by a vision for success!

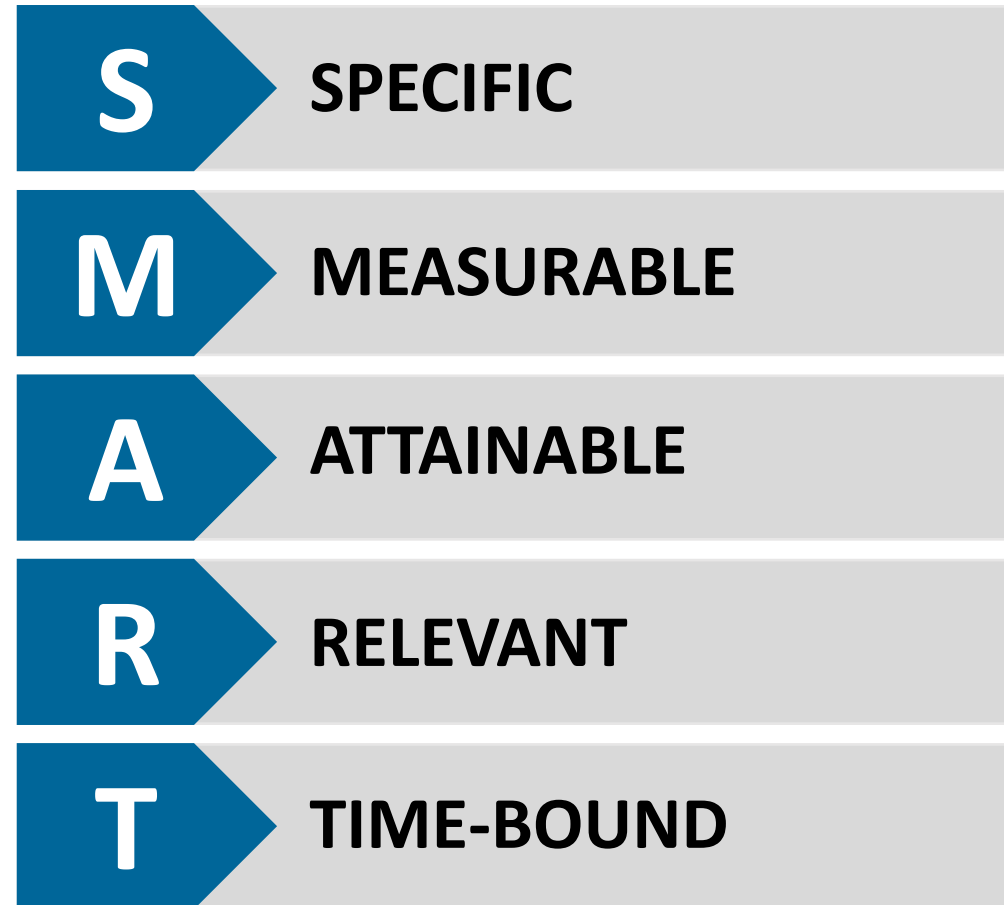
Action planning: Develop **strategies and/or SMART goals** for your clinic that will improve outreach to and engagement of TAY from a special population **specific to your community** (*e.g., youth in foster care, LGBTQIA+ youth, youth and young adults who are pregnant/parenting*).



Source: ThinkStock

Change Takes Time—Set SMART Goals

- SMART goals are designed to be realistic, achievable goals.
- Use SMART goals to inform your work plans and build toward desired change.¹



CoP Session 2 Discussion Questions

Effective programming for youth in transition

- Outreach strategies
- Engagement strategies
- Involving TAY in programming
- Building effective partnerships that support youth aging out of services

As a result of this CoP session:

- What sort of programmatic change regarding outreach/engagement/collaboration is your organization capable of implementing within the next:
 - 3 months?
 - 6 months?
- Are there other activities you'd like to initiate in the future?



CoP Session 3 Discussion Questions

Individual factors affecting engagement, resilience, and well-being

- TAY sub-populations at higher risk for poorer outcomes
- Shifting dynamics in the provider-patient relationship
- Building trauma-informed staff
- “Signaling safety,” “activating agency,” and “recognizing worth” at key touch points

As a result of this CoP session:

- What sort of programmatic change is your organization capable of implementing (**within the next 3 months? 6 months?**) that would ensure TAY remain engaged in treatment (as they shift into adulthood)?
- Are there other activities you’d like to initiate in the future?



CoP Session 4 Discussion Questions

Screening for substance use and SUD in TAY

- Social determinants of health (SDOH) impacting TAY transitioning into adulthood
- Key points for screening
- The Spirit of Motivational Interviewing (MI)
- Brief Negotiated Interview (BNI) & Personalized Reflective Discussion

As a result of this CoP session:

- What sort of programmatic change is your organization capable of implementing **(within the next 3 months? 6 months?)** that would improve the likelihood that TAY are less ambivalent to help-seeking and/or being screened?
- Are there other activities you'd like to initiate in the future?



CoP Session 5 Discussion Questions

Addressing independent living needs

- Informed choice
- Independent living skills for TAY
- Transitional housing, Rapid Rehousing, and Permanent Supportive Housing options
- Keeping TAY housed

As a result of this CoP session:

- What sort of programmatic change or collaborative effort is your organization capable of implementing **(within the next 3 months? 6 months?)** that would address housing needs and independent living skills for TAY?
- Are there other activities you'd like to initiate in the future?



CoP Session 6 Discussion Questions

Supports for LGBTQIA+

- Intersectionality: TAY who are BIPOC and LGBTQIA+
- Creating safe spaces for LGBTQIA+ TAY
- Addressing housing insecurity for LGBTQIA+ TAY
- Cross-system collaboration for LGBTQIA+ TAY aging out of services

As a result of this CoP session:

- What sort of activities and/or practices is your organization capable of implementing (**within the next 3 months? 6 months?**) that would create a safe space/sense of belonging for LGBTQIA+ TAY?
- Are there other activities you'd like to initiate in the future?



CoP Session 7 Discussion Questions

Special considerations: pregnancy, parenting, and guardianship among TAY

- SDOH impacting TAY during pregnancy and parenting
- Behavioral health interventions
- Community-based supportive services
- Harm Reduction considerations for pre- and post-pregnancy

As a result of this CoP session:

- What sort of programmatic change or collaborative effort is your organization capable of implementing (**within the next 3 months? 6 months?**) that would improve the outreach/engagement/support of child-bearing TAY who may experience pregnancy?
- Are there other activities you'd like to initiate in the future?



Realizing the Vision

Strategic Plans are driven by a vision for success!

Action planning: How will you move forward with **implementing** your strategies and/or SMART goals for your clinic to improve outreach to and engagement of TAY from a special population specific to your community (*e.g., youth in foster care, LGBTQIA+ youth, youth and young adults who are pregnant/parenting*)?



Source: ThinkStock



Your Action Plan



Integrated Behavioral Health and Value-Based Reimbursement: Two Sides of the Sustainability Coin Community of Practice (CoP)

LIST THE STEPS NECESSARY TO ADVANCE YOUR WORK IN _____	PERSON RESPONSIBLE	BY WHEN	COMMENTS/ POTENTIAL BARRIERS/CONCERNS
1.			
2.			
3.			
4.			
5.			
6.			



Biweekly Office Hours

- **Thursdays** (after the session) 3:30–4:30 p.m. ET
- **Fridays** 1:00–2:00 p.m. ET
- Designed to discuss progress and/or challenges related to
 - Your team's action plan
 - The session topic
- Meet colleagues from other health centers



TA Offerings for Health Centers

- One-on-One Coaching
- Webinars
- Intensive On-site Technical Assistance
- Communities of Practice (CoPs)

BPHC-BH TA Portal

<https://bphc-ta.jbsinternational.com/>

- Request TA
- Access Learning Management System (LMS) modules
- Learn more about BH TA options
 - One-on-One Coaching
 - E-learning Webinars
 - Virtual or In-Person TA for Sustainable Integrated Care
 - Integration of Oral and Behavioral Health
 - Virtual Brown Bag Sessions



Upcoming Communities of Practice

"Behavioral Health Integration Strategies to Address Social Drivers/Determinants of Health "

Session 1: Understanding the Social Drivers/Determinants of Mental Health (SDoMH)

Date: Thursday, May 11

Time: 2:00 – 3:30 PM ET

Presenters: Natalie Slaughter, MS

Registration:

<https://us06web.zoom.us/meeting/register/tZApde6qrDsje9UOm4NeAy2x5950QIxiFfiC>

**Registration
QR Code:**



Upcoming Communities of Practice

"Strategies for Addressing Pregnancy and Behavioral Health Disorders"

Date: Tuesday, May 9

Time: 2:00 – 3:30 PM ET

Presenters: Rhonda Waller, Ph.D.

Registration:

<https://us06web.zoom.us/meeting/register/tZclcuGurDstEtJJxOgz6LM70R8kTIWTtXj>

**Registration
QR Code:**



Upcoming Oral Health and Behavioral Health Learning Collaborative Sessions

"Applying a Motivational Interviewing Foundation in Oral Health"

Date: Wednesday, May 10, 2023

Time: 1:00 – 2:30 p.m. ET

Presenters: Matt Allen, DDS, Tamanna Tiwari, MPH, MDS, BDS

Description: Participants will gain knowledge about the application of “Motivational Interviewing” (MI) in oral health care. MI is a therapeutic tool used to lay the foundation for patient-centered care, leading to improved outcomes.

Registration Link:

<https://us06web.zoom.us/meeting/register/tZAsCuCtpj8pHd1PMeyP5ouuxsT61Mtw3jzb>

Registration QR Code:



Upcoming Virtual Brown Bag Sessions

"Effective Referrals in Integrated Care - Discussion"

Date: Wednesday, May 3, 2023

Time: 11: 00 – 12:00 PM ET

Presenters: Eboni Winford, PhD, MPH

Description: Please join us for this interactive Virtual Brown Bag Lunch session that builds on the 4/26 presentation on building effective primary care and behavioral health provider communication and relationships. Participants will discuss strategies to increase behavioral health service utilization by providing comprehensive care to patients in a primary care setting.

Registration Link:

<https://us06web.zoom.us/meeting/register/tZMrc-igrjwvGNxj5-UrueSWf9vGp4RUgDyg>

**Registration
QR Code:**



Upcoming Webinars

"Successfully Integrating Behavioral Health Care into Clinical Workflow"

Date: Wednesday, May 10

Time: 2:30 – 3:00 PM ET

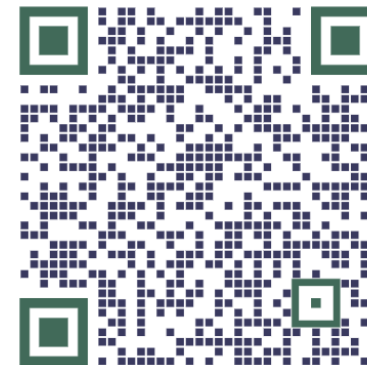
Presenters: Lori Raney, MD

Description: This webinar will apply lessons learned in developing an integrated care workflow, describe the roles of key team players in integrated care, and understand how issues with role clarity may impact successful workflow design.

Registration Link:

https://us06web.zoom.us/webinar/register/WN_YbwrSsABRY6yU6k6j-KQYg

**Registration
QR Code:**



Upcoming Webinars

"Documentation, Billing, and Coding for Behavioral Health Integration"

Date: Monday, May 15

Time: 1:00 – 2:00 PM ET

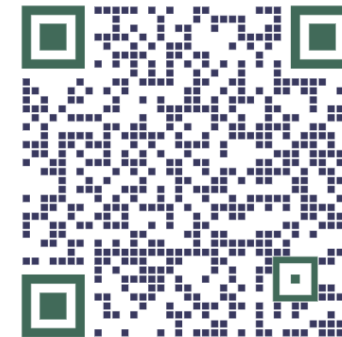
Presenters: Aylin Edelman, MD, RHIA, CCS, Gary Lucas, MS, Health Care Informatics

Description: Participants from Community Health Centers (Federally Qualified Health Centers or FQHCs) are invited to attend this information session on documentation, coding, and billing practices that support quality reporting and coordinated care for **integrated medical and behavioral health services**. Includes an overview of key issues around using CPT, HCPCS-II, and ICD-10-CM.

Registration Link:

https://us06web.zoom.us/webinar/register/WN_cdcq0uZ3QEyd9Qbobmb5VQ

**Registration
QR Code:**



Continuing Education & Satisfaction Assessment

- We will be offering **1.5 CE credit per session** attended for a maximum of 12 CEs for participation in all 8 CoP sessions.
- You **must** complete the Health Center Satisfaction Assessment after **each** session for which you plan on receiving CEs.
 - Follow the link in the chat
 - Use the link in the follow-up message from Alchemer (SurveyMonkey)
- **CE credits will be distributed within 2 weeks after the session.**



This course has been approved by JBS International, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #86832, JBS international, Inc. is responsible for all aspects of their programming.



JBS International, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6442. Programs that do not qualify for NBCC credit are clearly identified. JBS International, Inc. is solely responsible for all aspects of the programs.



Thank You!

Candice Russell
crussell@ahpnet.com

Katie Crowley
kcrowley@ahpnet.com

Vision: Healthy Communities, Healthy People



Endnote

1. Smart goals: A how to guide - UCOP. (n.d.). [https://www.ucop.edu/local-human-resources/ files/performance-appraisal/How%20to%20write%20SMART%20Goals%20v2.pdf](https://www.ucop.edu/local-human-resources/files/performance-appraisal/How%20to%20write%20SMART%20Goals%20v2.pdf)