



# Welcome to Behavioral Health Technical Assistance (BH TA) Virtual Brown Bag TA Sessions

*Supported by the HRSA Bureau of Primary Health Care (BPHC), Office of Quality Improvement (OQI)*

**Vision: Healthy Communities, Healthy People**





# Recovery Services to Improve Health and Reduce Recidivism and Overdoses Among Formerly Incarcerated Individuals

**Laura Yager, LPC, MEd, CPP**

**Joe Hyde, MA, LMHC, CAS**

**Wednesday, February 1, 2023, from 1:00 p.m. to 2:00 p.m. ET**

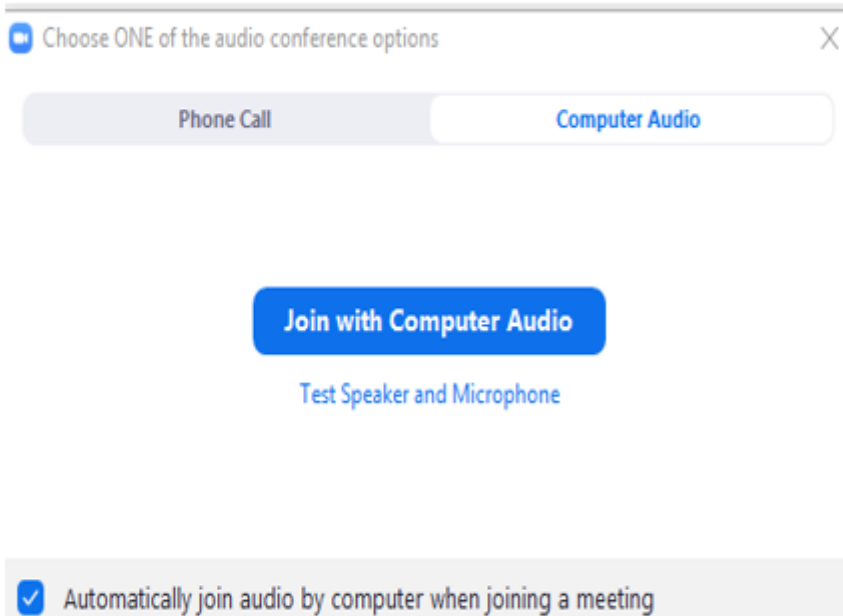
**Vision: Healthy Communities, Healthy People**



# Housekeeping – Connecting to Audio

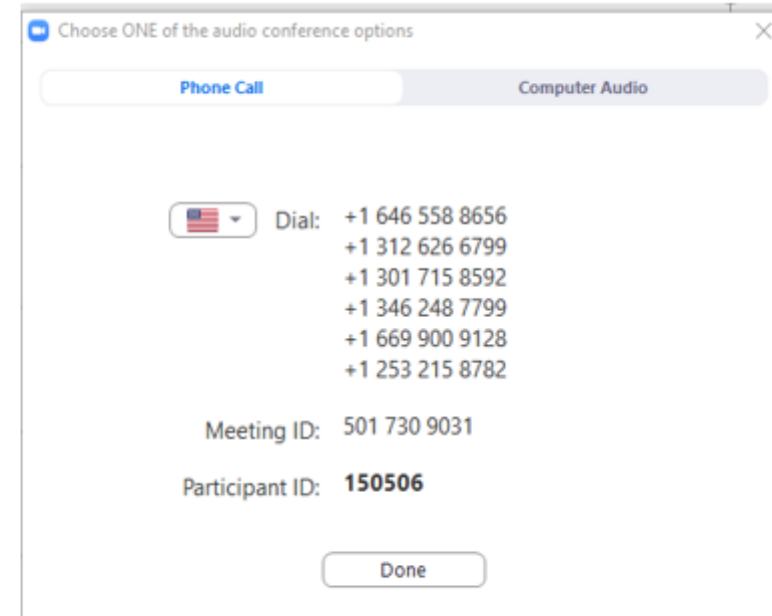
## By computer:

- Click **Join with Computer Audio**.



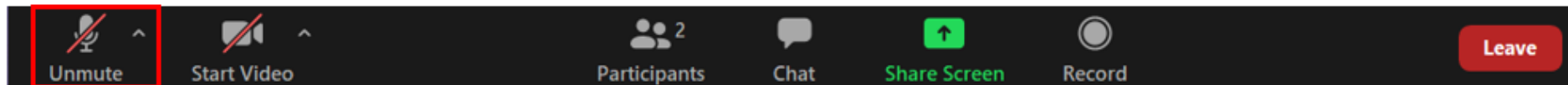
## By phone:

- Click the **Phone Call** tab, dial a listed phone number, and enter **Meeting ID** and **Participant ID**.

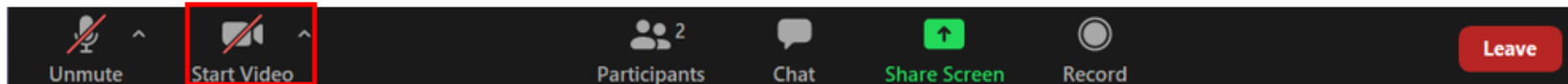


# Housekeeping – Zoom Participation

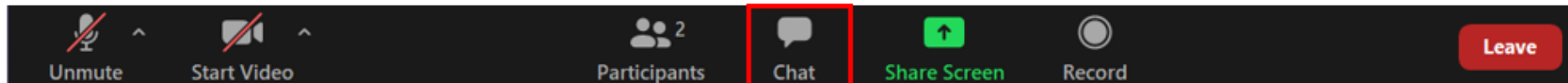
- You will begin muted. To **unmute/mute**, click the **microphone** icon located at the bottom left of your Zoom window.



- We encourage everyone to keep their video enabled. Click **Start Video** to join by webcam.



- To ask a question using the **Chat** feature, click the **Chat** icon located at the bottom center of your Zoom window.





# Continuing Education (CE)

- We will be offering **1 CE credit** for your attendance at today's session.
- You **must** complete the Health Center Satisfaction Assessment to be eligible for CEs.
- **CE credits will be distributed within 3 weeks of the event.**



This course has been approved by JBS International, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #86832, JBS international, Inc. is responsible for all aspects of their programming.



JBS International, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6442. Programs that do not qualify for NBCC credit are clearly identified. JBS International, Inc. is solely responsible for all aspects of the programs.

# Virtual TA: Presenters & Facilitators



Presenter:  
Laura Yager, LPC, MEd, CPP  
Director of Correctional Health and  
Human Services  
Fairfax County Sheriff's Office



Facilitator:  
Joe Hyde, MA, LMHC, CAS  
Project Director  
JBS International, Inc.

# Today's Agenda

- Presenter Presentation
  - **Recovery Services to Improve Health and Reduce Recidivism and Overdoses Among Formerly Incarcerated Individuals**
- Facilitated Discussion
- Announcements
  - Office hours for this event
  - Future TA events
  - Satisfaction assessment form



Source: iStock



# Recovery Services to Improve Health and Reduce Recidivism and Overdoses Among Formerly Incarcerated Individuals

Vision: Healthy Communities, Healthy People





# Today's Presentation

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- Common themes about people who have been incarcerated
- Stigma and recovery
- Elements of an effective reentry or transition to the community
- Highlights from an effective program: Fairfax County Adult Detention Center Reentry Efforts
- Future considerations for FQHCs

# Polling Question # 1



Source: iStock

## What is your role in your Health Center?

1. Administrative Staff
2. Behavioral Staff
3. Nurse
4. Medical Provider
5. Other – Enter into chat

# Common Themes about People who are Incarcerated

- **People who are incarcerated are disproportionately likely to:**
  - Have chronic health problems including diabetes, HBP, HIV, SUDs, HCV, STIs, and mental illness<sup>1</sup>.
  - Have not prioritized personal health<sup>2</sup>
  - Have high rates of trauma and adverse childhood experiences<sup>3</sup>.
- **Experience multiple disparities:**
  - Race, Criminal Record, Socio-Economic Status, behavioral health needs
  - Social, economic, and health implications especially at reentry<sup>4</sup>
- **What else?** Put your answers in chat.

Transitioning out of a period of incarceration is a time of change, vulnerability, and increased risk for poor outcomes<sup>5</sup>



# The Impact of Stigma

Stigma is “a process for which the elements of labeling, stereotyping, separation, status loss, and discrimination co-occur together<sup>4</sup>”

AND

*“Stigma is a strong lack of respect for a person or a group of people or a bad opinion of them because they have done something society does not approve of<sup>6</sup>.”*

- **People returning to the community face tremendous barriers getting:**
  - Housing and other basic needs
  - Jobs
  - Positive social relationships and activities
  - Health access
- **TIP: Language Matters!**
  - Use “people first” language
  - Avoid using a diagnosis as a label
  - Check out

[www.recoveryanswers.org](http://www.recoveryanswers.org)<sup>7</sup>



# Effective Elements of Reentry

- **Plan** for reentry at booking
- **Collaborate** with justice, medical, behavioral health, and social supports.
  - Often includes attorneys, judges, advocates, peers, partner organizations.
- **Engage** in services and preparation for release throughout period of incarceration
- **Enable** benefits sign up 45 days prior to release
- **Provide** peer support
- **Participate** in Reentry Coalitions<sup>8</sup>



Source: Pixabay

# Making Best Practices A Reality:

## The Fairfax County (VA) Adult Detention Center Evolution

Resource and Practice Shifts led by Sheriff Stacey A. Kincaid:

- Key Leader in the countywide Diversion First initiative designed to divert people with behavioral health issues out of the criminal justice system and into treatment  
9
- Established new civilian positions to shift focus:
  - Reentry Counselor
  - Director of Correctional Health & Human Services
  - Recovery Navigator
  - Peer Specialist



# Making Best Practices A Reality, continued

- Recognition of SUDs as chronic illness (not a moral failing or criminal behavior) to be treated
  - MOUD program operated by the medical team with 13% of jail population actively treated for Opioid Use Disorder
  - Striving to Achieve Recovery Program
- Key partnerships with community nonprofits
- Houses community behavioral health staff in the jail
- Sworn and civilian staff collaborations
- Workforce development and specific intervention training for behavioral health crisis



# What Does this Model Look Like in Reality?

## Some Supports at Fairfax County, VA Jail:

- MOUD patients receive:
  - Access to community addiction medicine clinic
  - Bridge medication, NARCAN, fentanyl test strips
  - Uber to OP clinic or safe housing
  - Recovery housing scholarships
  - Peer support - 3 different groups
  - Bed-to-Bed Residential Treatment
  - Telephones
  - Backpacks



Source: Pixabay



# What Does this Model Look Like in Reality?

## Reentry supports available to all:

- Obtaining ID cards: birth certificates, drivers licenses, social security
- Medicaid applications (45 days prior to release)
- Employment assistance
- Basic needs (e.g., food, clothing, shelter)
- Transportation (e.g., uber, bus, taxi)
- Into Work Program

*...and we continue to evolve*



Source: Pixabay

# Polling Question # 2



Source: iStock

**What is the one thing you might do to support people reentering the community after a period of incarceration?**

1. Connect with my local jail to enroll people in my FQHC
2. Continue people stabilized on MOUD at my clinic
3. Create marketing flyers to encourage individuals to come to your clinic once they are released
4. I really don't want to work with people after a period of incarceration

Please add your own ideas into chat.



# RECOVERY Supports Solid Reentry

- *“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.” – SAMHSA*
- SAMHSA also considers health, home, purpose and community as essentials dimensions of support for a life in recovery.
- There are many paths to recovery!



Source: Pixabay

My doctor helps  
me manage my asthma,  
my acid reflux  
and my *opioid use disorder*.

*Buprenorphine is a prescription medication  
that is used along with counseling  
and/or behavioral therapies  
to treat opioid use disorder.*

*Buprenorphine can be part of  
any successful healthcare regime.*

*Call 410-758-1306 for more information.*



[dontlabelus.org](http://dontlabelus.org)



## The Near Future Vision for FQHC Partnerships and Community Providers



# Health is the Foundation

“A person who has health, has hope;  
and he/she/they who has hope, has  
everything”      -- Arabian Proverb



Source: Pixabay

# Break-Out Group Questions and Facilitated Discussion



Source: Pixabay

1. How does your health center currently work with persons who were formerly incarcerated?
2. What are the primary physical health needs you see with this population?
3. What are the primary behavioral health needs you see with this population?
4. What one thing could you take from today's presentation and apply to your setting?

# Wrap-Up Polling Question #3



Source: iStock

**What were the main reasons for your participation in today's event?  
Select all that apply.**

1. To learn more about the topic from the presenter
2. To engage with other health centers
3. To raise questions about this topic as it relates to my health center
4. To learn about the experiences other health centers have related to this topic

# Next Week: Virtual Brown Bag Office Hours

**Please join us for next week's Virtual Brown Bag Office Hours to continue the discussion!**

***Reentry Recovery Services to Improve Health and Reduce Recidivism and Overdoses Among Formerly Incarcerated Individuals***

**Date/Time:** Wednesday, February 8, 2023, 3:00 PM – 5:00 PM ET

**Registration Link:**

<https://us06web.zoom.us/meeting/register/tZlucuyppj4pE9GEqsfflu2fcU8tTA8-lje->



# BPHC-BH TA Portal

<https://bphc-ta.jbsinternational.com/>

- Access Past BH TA Resources
- Request TA
- Access Learning Management System (LMS) modules
- Learn more about BH TA options

**BPHC-BH TA**  
Bureau of Primary Health Care Behavioral Health Technical Assistance

Event Calendar | About Us | Contact Us

Home | Technical Assistance Resources | Request Technical Assistance | Learning Management System

### Welcome to the BPHC-BH TA Resource Portal!

The Bureau of Primary Health Care (BPHC) Behavioral Health (BH) Technical Assistance (TA) portal is designed to meet the specific needs of HRSA health centers and shall focus on both mental health and substance use disorders (referred to jointly as “behavioral health”), with an emphasis on the opioid epidemic.

This portal allows HRSA-funded health centers to request TA and obtain updates on available events such as webinars. Stay tuned for the learning management system and the opportunity to earn continuing education credits.

### Learn About BH TA Options

- One-on-One Coaching
- E-learning Webinars
- Intensive TA for Practice Change
- Join a Community of Practice (CoP)
- Integration of Oral Health and Behavioral Health Virtual Learning Collaborative
- Virtual Brown Bag Lunches

### Upcoming Events

**Identification and Evidence-Based Interventions for Treating Anxiety and Depression Community of Practice - Session 1**  
January 17, 2023  
2:00–3:30 pm EST

**Integration of Oral Health and Behavioral Health Virtual Learning Collaborative - Discussion Session 1**  
January 18, 2023  
1:00–2:00 pm EST

[View more events](#)

### Subscribe to the BH TA Bulletin

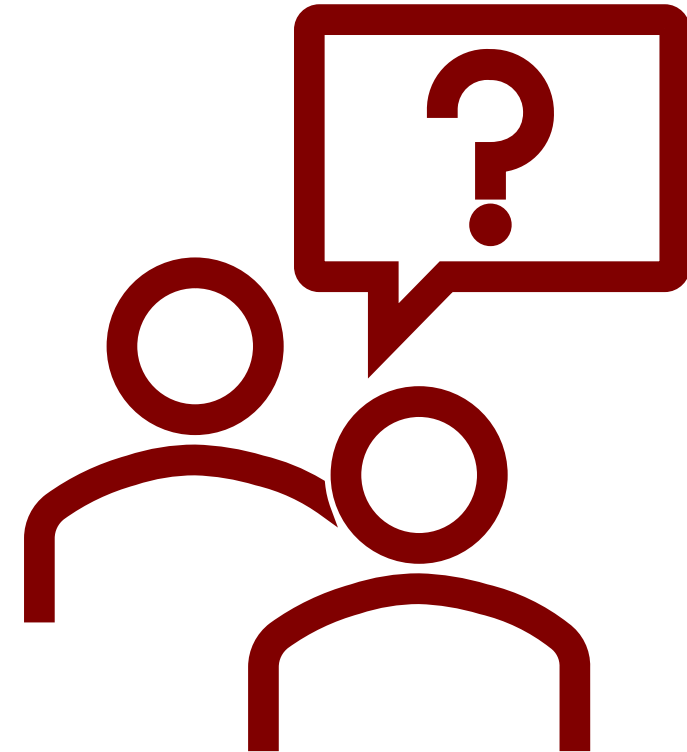
The BH TA Bulletin is a weekly update of upcoming BH TA training and technical assistance opportunities that is sent right to your inbox.

[Subscribe to the BH TA Bulletin](#)



# TA Opportunities for Health Centers

- One-on-One Coaching
- Communities of Practices (CoPs)
- Virtual + On-site Site Visits T/TA
- Oral Behavioral Health Learning Collaborative (LC)
- Virtual Brown Bag TA Sessions
- Webinars





# Upcoming T/TA Opportunities

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## Join a Community of Practice

### **Workforce Resiliency and Retention Community of Practice**

Bi-weekly on Tuesdays, 2:00 – 3:30 PM ET

<https://us06web.zoom.us/meeting/register/tZ0sf-6vqDloG92ZKusBsBqX9Or4xXYvgjoV>

### **Identification and Evidence-Based Interventions for Treating Anxiety and Depression Community of Practice**

Bi-Weekly on Tuesdays, 2:00 – 3:30 PM ET

<https://us06web.zoom.us/meeting/register/tZYpf-uhqjlpEtFmsmLZIC0IVk5ckh3kdydR>

### **Behavioral Health Services Needs for Adolescents in the Primary Care Setting**

Bi-Weekly on Thursdays, 2:00 – 3:30 PM ET

<https://us06web.zoom.us/meeting/register/tZcsf-mgqzwiGtGylhFuxs56zZUikoDhhcYd>



# Upcoming T/TA Opportunities

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## Webinars

**Title:** Addressing Racial and Ethnic Disparities in Pediatric Mental Health in an Integrated Care Setting

**Date/Time:** 2/15/2023, 2:00 – 2:30 PM ET

**Registration Link:**

[https://us06web.zoom.us/webinar/register/WN\\_ZI\\_2NT\\_jSkeiCXIBcjEBWA](https://us06web.zoom.us/webinar/register/WN_ZI_2NT_jSkeiCXIBcjEBWA)

## Integration of Oral Health and Behavioral Health Learning Collaborative

**Title:** The Role of Dental Fear and Anxiety in Oral Behavioral Health

**Date/Time:** 2/8/2023, 1:00 – 2:30 PM

**Registration Link:**

[https://us06web.zoom.us/meeting/register/tZcudOqgrzwpHdUCY64ea\\_iSNKjhCH-dHko4](https://us06web.zoom.us/meeting/register/tZcudOqgrzwpHdUCY64ea_iSNKjhCH-dHko4)



# CEs and the Satisfaction Assessment



- We'd love your feedback – please complete a satisfaction assessment.  
<https://survey.alchemer.com/s3/7161194/Health-Center-TA-Satisfaction-Assessment-Brown-Bag-Session-3>
- We are offering one CE for your participation - you must complete a satisfaction assessment.
- There are two ways navigate to the assessment:
  1. Follow the link provided in the chat here.
  2. You will be emailed a link from us via Alchemer, our survey platform.



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# References & Resources

- <sup>1</sup>[Home of the Office of Disease Prevention and Health Promotion - health.gov](https://www.health.gov)
- <sup>2</sup>[Health Affairs: Leading Publication Of Health Policy Research & Insight](#)
- <sup>3</sup>Roos LE, Afifi TO, Martin CG, Pietrzak RH, Tsai J, Sareen J. Linking typologies of childhood adversity to adult incarceration: Findings from a nationally representative sample. *Am J Orthopsychiatry*. 2016;86(5):584-93. doi: 10.1037/ort0000144. Epub 2016 Apr 14. PMID: 27078049.
- <sup>4</sup>Tyler, E., & Brockmann, B. (2017). Returning Home: Incarceration, Reentry, Stigma and the Perpetuation of Racial and Socioeconomic Health Inequity. *Journal of Law, Medicine & Ethics*, 45(4), 545-557. doi:10.1177/1073110517750595
- <sup>5</sup>[SAMHSA - Substance Abuse and Mental Health Services Administration](#)
- <sup>6</sup>DON'T LABEL US. <https://www.dontlabelus.org/>
- <sup>7</sup>Recovery Research Institute <https://www.recoveryanswers.org/>
- <sup>8</sup>Intercept 4: ReEntry <https://www.samhsa.gov/criminal-juvenile-justice/sim-overview/intercept-4>
- <sup>9</sup>Diversion First <https://www.fairfaxcounty.gov/topics/diversion-first>





# Thank You!

Please submit questions to  
Joe Hyde: [jhdye@jbsinternational.com](mailto:jhdye@jbsinternational.com)

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