



Approaches to Address Social Determinants of Behavioral Health

March 16, 2023

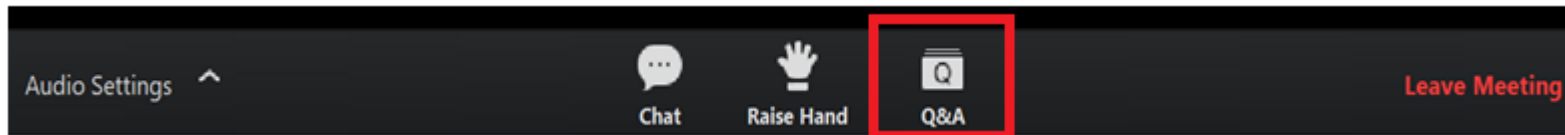
4:00 – 5:00 PM ET

Vision: Healthy Communities, Healthy People

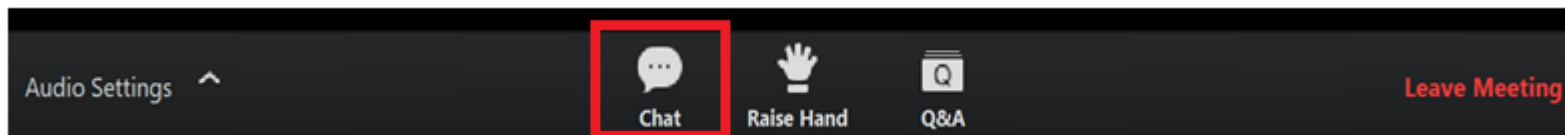


Submitting Questions and Comments

- Submit questions by using the Q&A feature. To open your Q&A window, click the Q&A icon on the bottom center of your Zoom window.



- If you experience any technical issues during the information session, please message us through the chat feature, or email healthcenter_BHTA@jbsinternational.com.



Continuing Education (CE)

- We will be offering **1 CE credit** for attending today's session.
- You **must** complete the Health Center Satisfaction Assessment at the end of the workshop.
- We will provide more information about how to complete the Satisfaction Assessment and details about applying for CEs at the end of the session.



This course has been approved by JBS International, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #86832, JBS international, Inc. is responsible for all aspects of their programming.



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Advancing Health Equity

Health centers provide affordable, high-quality primary health care to **more than 30 MILLION** people in the U.S. each year. That includes:

1 in 9
children & adolescents



1 in 5
rural residents



1 in 3
living in poverty



63%
identify as racial and/or ethnic minorities



Nearly **1.3M** experiencing homelessness

1M+ agricultural workers

Nearly **770K** school-based health center patients

Nearly **390K** Veterans

HRSA
Health Resources & Services Administration



Source: Uniform Data System, 2021 - Table 3A, Table 3B, Table 4, Table 6A

*Poverty defined as having income \leq 100% Federal Poverty Guidelines



Presenter, Presentation Facilitator

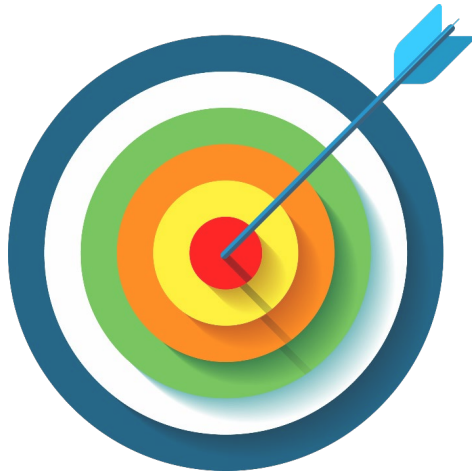


Presenter
Jonathan P. Scaccia, PhD
Principal, Dawn Chorus Group



Presentation Facilitator
Fran Basche, MA
Senior Program Manager, Advocates
for Human Potential (AHP)

Objectives



Source: iStock

Participants of this webinar will be able to:

- 1. Identify key indicators of social determinants of mental health:** Participants will be able to understand and recognize the various factors that contribute to mental health disparities, such as poverty, discrimination, and access to healthcare.
- 2. Understand the impact of social determinants on mental health:** Participants will be able to grasp the ways in which social, economic, and environmental conditions can increase the risk of mental illness and substance use disorders.
- 3. Learn actionable steps to reduce the risk of mental, emotional, and behavioral disorders:** Participants will be able to take concrete steps to address social determinants of mental health, such as engaging in community-level advocacy and implementing culturally appropriate interventions.

The Social Determinants of Health

These are the non-medical factors that impact an individual's health and well-being, including:

- Income and social status
- Education
- Employment and working conditions
- Social support networks
- Physical environment (such as access to safe housing and transportation)
- Personal health behaviors
- Access to healthcare services
- Neighborhood and community conditions
- Discrimination and bias

These factors can interact and contribute to health inequities, where some populations experience poorer health outcomes due to systemic barriers and unequal access to resources and opportunities.



The Intersection of Risk Factors



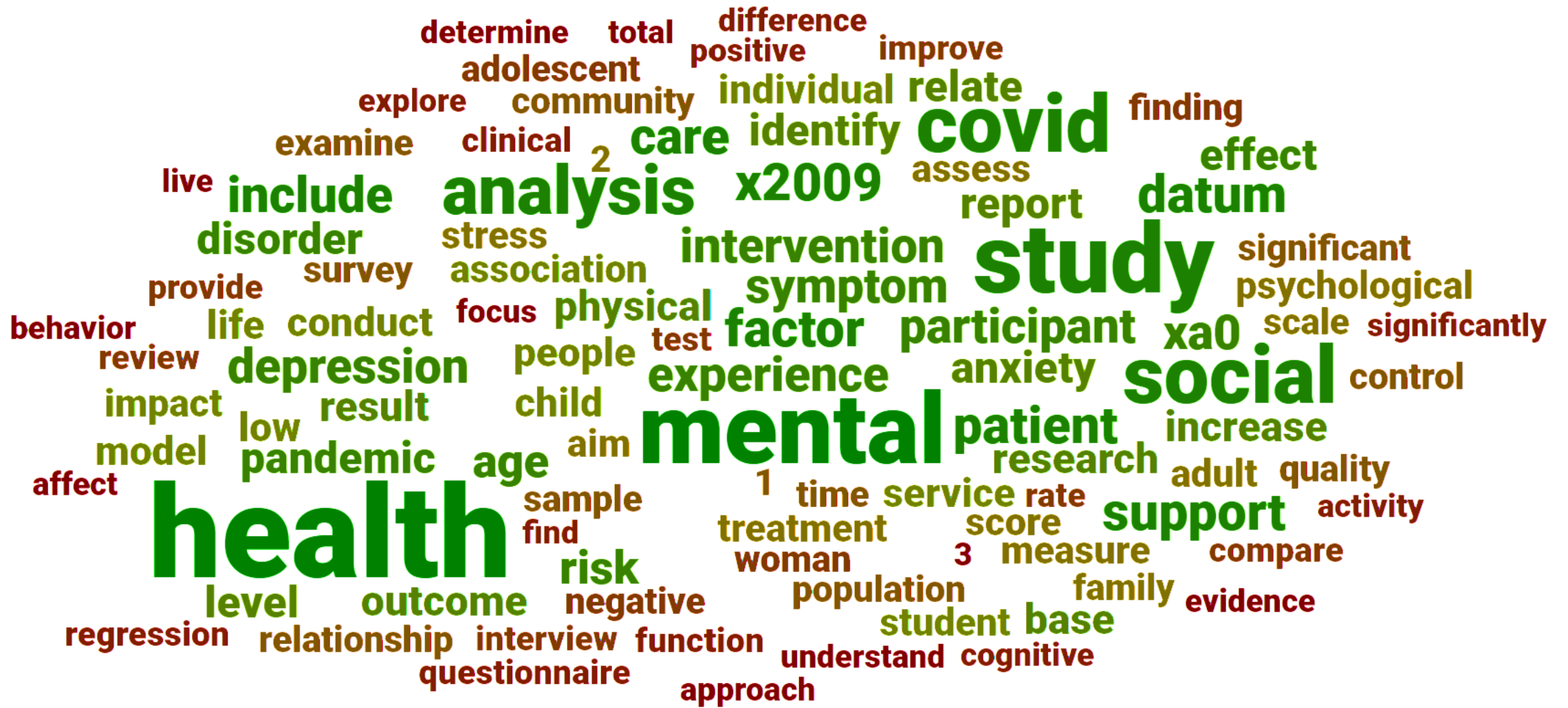
Social Determinants of Behavioral Health

Individual

- Income and social status
- Education and employment
- Personal experiences of trauma and stress

Environmental

- Social support networks (and isolation)
- Physical environment (including housing and community safety)
- Access to mental health services
- Neighborhood and community conditions
- Racial, ethnic, and cultural discrimination
- **Stigma and prejudice surrounding mental illness**
- Availability of recreational and leisure activities.



How These Determinants Operate

- Increasing stress levels and exposure to traumatic events
- Limiting access to education, employment opportunities, and stable income
- Decreasing social support and community connectedness
- Exposing individuals to violence, poverty, and discrimination
- Creating or exacerbating poverty and homelessness

How These Determinants Operate (2)

- Providing easy access to drugs and alcohol
- Limiting access to quality mental health and substance use treatment
- Increasing exposure to environmental toxins
- Contributing to a lack of safe and healthy housing and living conditions
- Fostering a culture that marginalizes individuals with mental illness.

Polling Question 1

What is the primary barrier you face in addressing the social determinants of behavioral health in your community?

- A. Lack of funding
- B. Limited access to resources
- C. Stigma and discrimination
- D. Lack of political will



Concrete Steps to Address

Look for “upstream” opportunities:

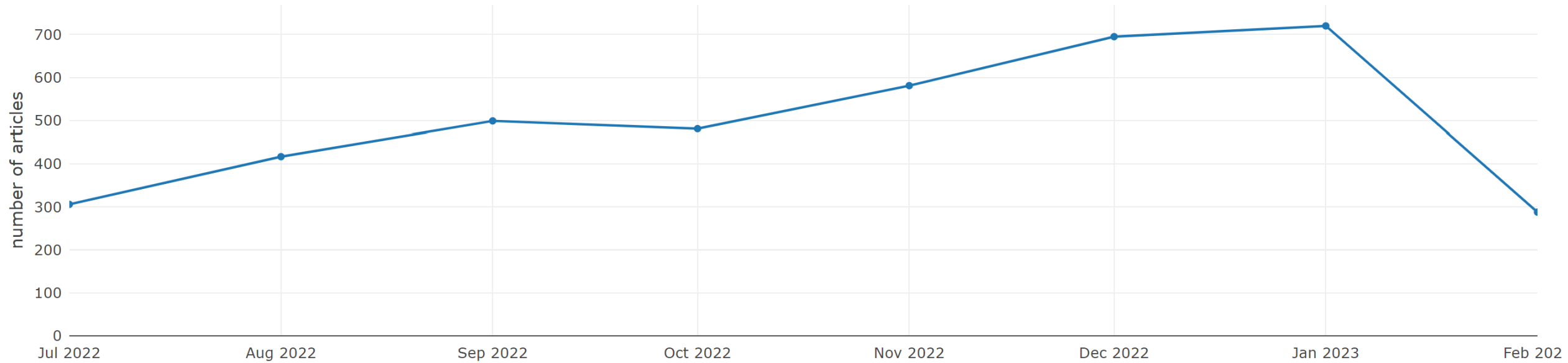
- Advocating for policies and programs that address poverty, unemployment, and housing insecurity
- Supporting access to quality mental health and substance use treatment
- Promoting social support networks and community connectedness
- Working to reduce stigma and discrimination surrounding mental illness
- Promoting access to education and employment opportunities
- Supporting research on the social determinants of mental health



Recent Research Into Social Determinants



Distribution of when articles were indexed in PubMed



More Concrete Steps

- Advocating for safe and healthy living environments
- Encouraging access to healthy food, safe recreational spaces, and physical activity
- Building community coalitions to address mental health and substance use issues (e.g., Drug-Free Communities Support Program)
- Raising public awareness about the impact of social, economic, and environmental factors on mental health.

Polling Question 2

What do you believe is the most effective way to address the social determinants of behavioral health at the community level?

- A. Community-based programs and services
- B. Policy and advocacy efforts
- C. Collaboration with local government agencies
- D. All of the above



Source: iStock

Q&A



Upcoming TA Events, March & April

Community of Practice - Interventions for Treating Anxiety and Depression Special, Three-Part Series "Contemporary Approaches to Behavioral Therapy"

3/28/2023 | 2:00 – 3:30 PM ET (1.5 CEs per session)

"Behavioral Activation & Practical Applications for Treating Depression & Anxiety"

REGISTER <https://us06web.zoom.us/meeting/register/tZYpf-uhqjlpEtFmsmLZIC0IVk5ckh3kdydR>

Oral Health and Behavioral Health Services Integration Learning Collaborative

4/12/2023 | 1:00 – 2:00 PM ET (1 CME Didactive Session only)

"Behavioral Health Screening and Workflow in an Oral Health Setting" (Didactive and Discussion Sessions)

REGISTER <https://us06web.zoom.us/meeting/register/tZ0kcuGrpzsuHt3ghrlp6rLxWKXrX2kklUdw>

4/20/2023 | 1:00 – 2:30 PM (Discussion Session)

REGISTER <https://us06web.zoom.us/j/89091572346?pwd=TjQrMm5xcVhWWVRoRWNPYnBXaE9QQT09>

Virtual Brown Bag Lunch

4/5 (Presentation), 4/12 (Discussion) 2023 | 1:00 – 2:00 PM (1 CE per session)

"Behavioral Health in a School-Based Setting (Presentation)"

REGISTER <https://us06web.zoom.us/meeting/register/tZ0kcuGrpzsuHt3ghrlp6rLxWKXrX2kklUdw>

"Behavioral Health in a School-Based Setting (Discussion Session)"

REGISTER <https://us06web.zoom.us/meeting/register/tZ0pdeyrqTgrHtUxnVQbsZPjwK1ZWllJqbf3>



Upcoming TA Events, March & April

Community of Practice - Interventions for Treating Anxiety and Depression
Special, Three-Part Series "*Contemporary Approaches to Behavioral Therapy*"
(Earn 1.5 CEs per session)

Tuesday, March 14, and Tuesday March 28, 2:00 – 3:30 PM ET

"Part 2, On Functional Analysis, Mindfulness and Importance of Awareness" (3/14)

"Part 3, Behavioral Activation and Practical Applications for Treating Depression and Anxiety" (3/28)

REGISTER <https://us06web.zoom.us/meeting/register/tZYpf-uhqjlpEtFmsmLZIC0IVk5ckh3kdydR>

Virtual Brown Bag Lunch
(Earn 1 CEs per session)

Wednesday April 5, and Wednesday April 12, 1:00 – 2:00 PM ET

"Behavioral Health in a School-Based Setting - Presentation" (4/5)

REGISTER <https://us06web.zoom.us/meeting/register/tZ0kcuGrpzsuHt3ghrIp6rLxWKXrX2kklUdw>

"Behavioral Health in a School-Based Setting – Discussion Session" (4/12)

REGISTER <https://us06web.zoom.us/meeting/register/tZ0pdeyrqTgrHtUxnVQbsZPjwK1ZWIIJqbf3>

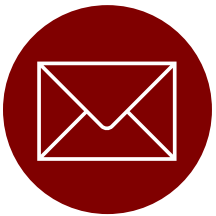


Accessing Additional T/TA Opportunities



BPHC BH TA PORTAL ONLINE REQUEST FORM

<https://bphc-ta.jbsinternational.com/ta-request-form>



EMAIL

healthcenter_BHTA@jbsinternational.com



BH TA WEEKLY UPDATE

healthcenter_BHTA@jbsinternational.com

CE Revisited

- We will be offering **1 CE credit** for attending today's webinar session.
- You **must** complete the Health Center Satisfaction Assessment after this session.
- **CE credit will be distributed to participants who complete the Satisfaction Assessment within 2 weeks of this information session.**
- We will provide details to complete the Satisfaction Assessment at the end of the webinar.



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Health Center Satisfaction Assessment



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- The link to the Satisfaction Assessment will automatically open in your browser at the conclusion of this webinar.
- You can also click the link for the Satisfaction Assessment provided in the Zoom chat feature; click the link now to have the browser open.
- We will also email you a link to the Satisfaction Assessment.

Please take 2–3 minutes to complete the Satisfaction Assessment directly following this session.

THANK YOU!





Thank You!

Jonathan P. Scaccia, PhD
Principal, Dawn Chorus Group

Vision: Healthy Communities, Healthy People

